

North Coast
Journal
of Politics, People and Art

HUMBOLDT COUNTY, CALIF. • FREE

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Vol XXVII Issue 5

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The strange past and uncertain future
of a small town for sale

By Linda Stansberry

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The inner beauty of the cheeseburger at Deb's Great American Hamburger Co. Read more on page 28. Photo by Jennifer Fumiko Cahill

On the Cover

Photo by Linda Stansberry, illustration by Holly Harvey

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Beyond Eyster

Editor:

Behind the issue of asset forfeiture and restitution payments ("Get Out of Jail for a Fee," Jan. 28) is the larger question of what justice is like in felony cases in general. It is estimated that 95 percent or more of felony cases that are not dismissed are settled by plea bargaining. That means almost all the power of deciding guilt and sentencing is in the hands of the district attorney and not with the defense or judges.

Charles Minton, Bayside

Off Balance

Editor:

I generally appreciate your cover stories, but last week's ("Get Out of Jail for a Fee," Jan. 28) strikes me as quite uncharacteristically unbalanced.

One problem is that, since it's apparently based on one or more articles in the *L.A. Times*, it's often not clear to the reader whether an assertion is Grant Scott-Go-forth's or was taken from a *Times* article.

More significantly, the whole article comes across as tendentious.

Example: "In February of 2015 [Eyster] wrote a comprehensive letter to the county executive officer asking for a raise. In it, he touted his accomplishments, but spent more time comparing his salary to that of other ... counties' DAs. ... In December, [supervisors] approved a 16-percent raise ... bumping his total annual salary from about \$126,000 to about \$140,000."

An earlier paragraph detailed the staffing numbers for Mendocino and Humboldt DA's offices, respectively, and men-

tioned the prosecutor-to-resident ratio of the two counties' populations — for no other imaginable reason than to establish whether or not Eyster was already being remunerated appropriately. Then — bizarrely enough — it fails to state the one thing we would need to know in order to judge whether Eyster is getting shorted: How much does Humboldt's DA make?

So I attempted to look that up and, as best I can tell, it's a few pennies under \$158K a year. That is, Eyster's raise gained him just under half the difference between his old salary and our DA's. So why was this key single number left out of the article? (And what's with that snide "but spent more time" crap? What could be more germane than establishing that discrepancy?)

I'm also displeased with the "pull-quotes": 1) The throw-away kiss from "A Mendocino County supervisor" wasn't relevant to the merits of Eyster's request, and 2) the sentence isolated from Prof. Levine's several favorable observations mis-characterizes his thrust.

There's more, but that's 301 words.

Mark Drake, Fortuna

P.O.'d about a PO Box

Editor:

With regard to the letter from Ms. Stafford, ("USPS is Just Fine, Thank You," Jan. 28) and some facts she presented, it's anything but! And as the late Paul Harvey would say, "Now, the rest of the story."

First and foremost, if the USPS has made such an impressive profit in just the first couple of months, then it has done

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the joist salvager,
or just the itch to fix
what might not have been lost,

Or the treasure hunter,
seeking old gold rings,
jumbled tools and jewels,

Or yet again the pen-and-ink artist,
salvaging a last jagged line
from its final throes —
this tumbledown, strawbaled room?

— Rick Park

so on the backs of us customers who don't appreciate the price increases and cutbacks. In just seven years, the cost of a PO Box has jumped 20 percent, and let's not forget that some small towns that dot U.S. Highway 101 (think Myers Flat, Weott, Redcrest, for example) no longer have a clerk available. And those that do, like Fields Landing and Loleta, had their hours cut in half.

Got notice of a package and want to get it after 12:30 p.m.? Good luck with that, or even grabbing your mail after 5 p.m. Monday through Friday. Sorry, no dice.

Got a PO Box and think you can pick up your mail on a Saturday afternoon? Fat chance!

Even people working at these facilities aren't actually USPS employees, yet. The

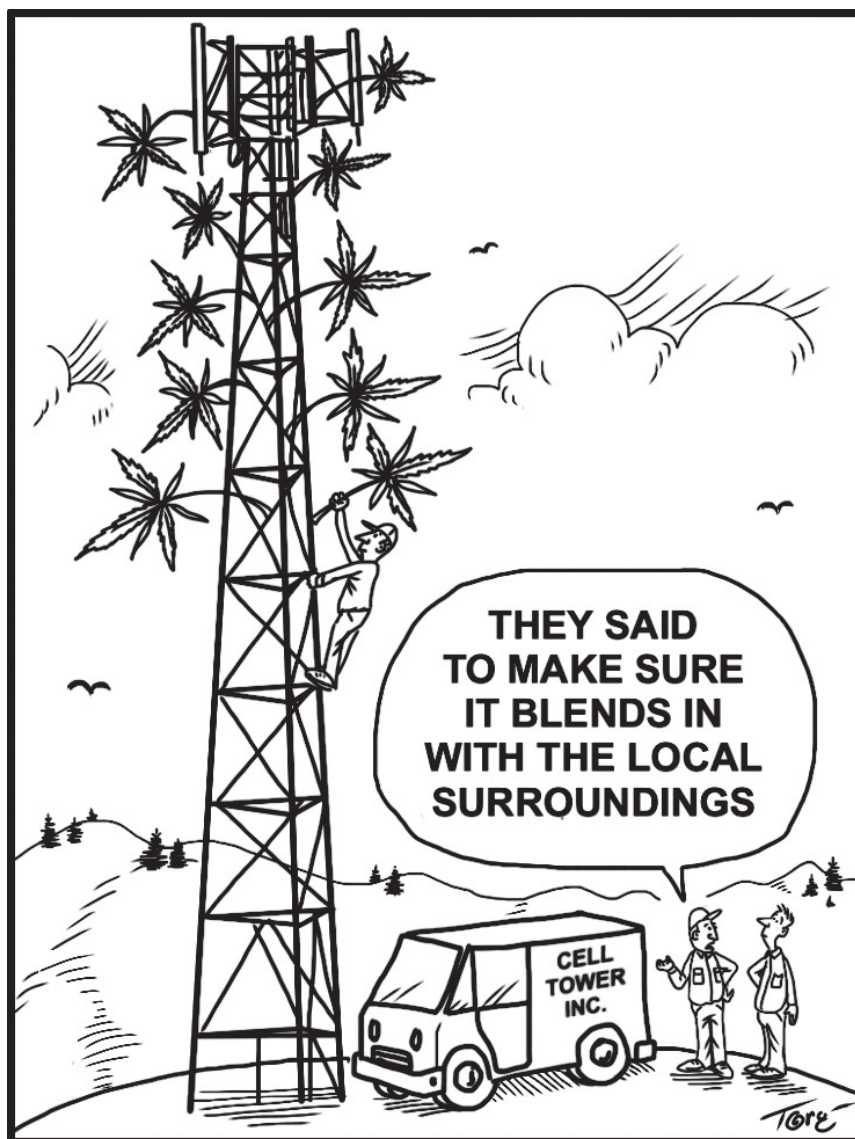
young girl who mans the window at Fields Landing, after three years, still doesn't consider herself an employee. This same individual will start her day at 6 a.m. sorting mail somewhere in Eureka, then head to Fields Landing until 12:30 p.m., and then hightail it to yet another facility to do something altogether different once again. No wonder the USPS is hiring "like mad," because when people join and find out

what sort of working conditions they have to put up with, they eventually bail.

T. Kirschbaum, Fields Landing

Write a Letter!

Please try to make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com ●



Terry Torgerson

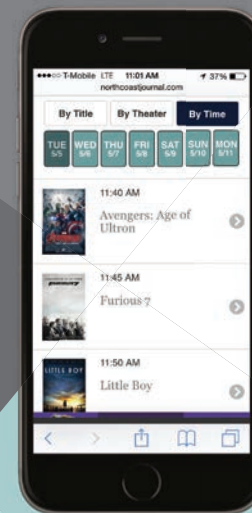
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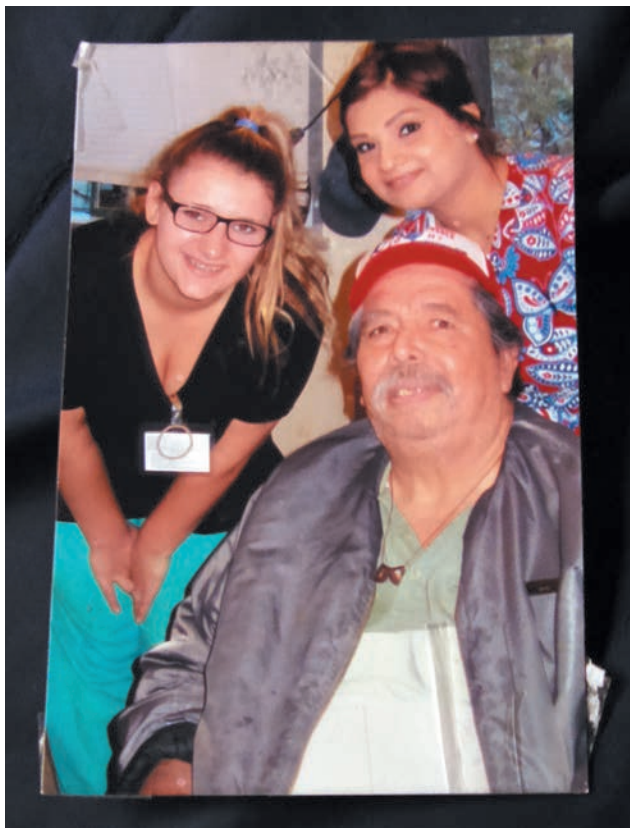

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Antonio Valladares, pictured in Fresno before his move to Humboldt.

Photo courtesy of John Heckel

My Friend Antonio

By John Heckel

As I age, I read the local obituaries more often to see if any of my friends or former colleagues have died. I am sure I am not the only senior who has developed this informative yet morbid habit.

I have noticed the obits have a style, a form and, moreover, describe in peaceful, glowing terms a person's passing: "Passed away at his home surrounded by family and prayers;" "passed away peacefully in his sleep;" "all who knew and loved her are invited to a celebratory potluck at her residence;" "in lieu of flowers, the family asks that you make a donation;" "a celebration of life to be held Sunday, Feb. 7".

I do not doubt that a few of us die as described in the obituary pages, a select fortunate few. But just as true is that many of us die alone, despondent and institutionally medicated. These stories never make it to the obituary pages of our local newspapers. This was true for my friend Antonio Valladares.

Deaths and Funeral Notices

Antonio Valladares

Antonio passed away alone, in pain and despondent at Seaview Rehabilitation and Wellness Center

on the evening of Jan. 15. He was 69. Antonio was born in eastern central Mexico, in the state of Puebla. He was an undocumented immigrant who, according to the coroner, shared a social security number with six other undocumented workers.

In November of 2014, Antonio, who had suffered a debilitating stroke eight years previously, moved to Eureka. He came not of his own free will, but was arbitrarily shipped here from the Wish-I-Ah Skilled Nursing Facility in Fresno, which had been decertified by the state. Shlomo Rechnitz, the owner of the Fresno facility and of Seaview Rehabilitation and Wellness Center in Eureka, chose not to bring Wish-I-Ah into compliance. Instead, he closed it and sent its patients to his other facilities throughout the state. Without discussion or consultation, Antonio ended up isolated from other Spanish speakers here in Eureka, save for a small portion of the transient housekeeping staff at Seaview.

One of Antonio's favorite pastimes while at Seaview was color-

Continued on next page »

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Guest Views

Continued from
previous page



One of
Antonio's
coloring
pages.

Courtesy of
John Heckel

ing. He loved bright vibrant colors; red and green were his favorites. Antonio's room became an art gallery filled with adult coloring book pages. He died surrounded with the reds and greens of his efforts to remain Antonio Valladares to the end.

Antonio is survived by scores of other Seaview residents, who through whispered word of mouth, have learned of his death and deal with the fear and depression that come with knowing they might face a similar end.

Antonio was preceded in death by countless other patients at Seaview and other facilities, people whose life stories, loves and passions we will never know, and whose passings were never honored or celebrated.

There will be no celebration of life for Antonio. It is the policy of Seaview not to inform its residents that one of their neighbors has died, and no ceremony will be held to mark his passing. No opportunity will be provided at the facility to allow anyone to grieve for the death of Señor Valladares.

I know it is not likely that I will ever read that sort of obituary in our local newspaper, but I cannot help but wonder if we wouldn't all be a bit better off if we could. In so doing, we would be facing the secrecy and anonymity of institu-

tionalized death. We would confront the fact that we have created a system and a culture in which many of us die horribly lonely and despondent deaths.

If we did that, we would be giving meaning to the life of Antonio Valladares.

For the complete context of Antonio's story, check out a great article by Linda Stansberry, "The Shut Out," in the July 9, 2015, edition of the *Journal*.

Oh, yes, in lieu of flowers for Antonio, think about becoming a long-term care ombudsman through the Area 1 Agency on Aging. Contact Program Manager Suzi Fregeau at 434 Seventh St., Suite 209, Eureka, California. If formal volunteerism is not your thing, go out to Seaview on your own. Meet people. Listen. Become a witness to their life stories. ●

John Heckel is a long time resident of Humboldt County who has been advocating for patients at Seaview for more than three years, first as an official long-term care ombudsmen and then informally as a "friend." He writes a monthly column on aging for the Senior News and is a recent recipient of a Ph.D. in psychology. He can be contacted at jh2@humboldt.edu.

Have something you want to get off your chest? Think you can help guide and inform public discourse? Then the North Coast Journal wants to hear from you. Contact the Journal at editor@northcoast-journal.com to pitch your column ideas.

Grangers, the Time is Now

By Ellen Taylor

In “The State of the Grange” (Jan. 3), Linda Stansberry detailed the delicate state of health in which an organization at the bedrock of American democracy finds itself. Civil war is the worst kind of catastrophe, and why the National Grange started rejecting parts of itself after 150 years is baffling. But the case isn’t hopeless. Sometimes, it takes a real fracas like this one to awaken us to what we stand to lose. The Grange was once an organization of fire-breathing agrarian radicals, and it can be again.

I fell in love with the Mattole Grange when I first stumbled into it one Fourth of July in the early 1970s. I was utterly dazzled by the spectacle Linda described: ranchers in big hats leading their beaming wives in slow circles across what seemed like an endless dance floor, gleeful young stompers who insisted that the band play “Running Bear” again and again, phalanxes of children racing between or under them. For a jaded New Yorker, tired of anonymity and sad politics, it was a sort of Brigadoon, a vision of community. I joined right away.

Local 569’s relationship with the upper echelons of the state and national Grange hierarchy at the time is best described by the Rabbi’s blessing for the Tsar in *Fiddler on the Roof*: “God bless and keep the Tsar ... as far away from us as possible!” There was a dim sense that it was not friendly. We paid our dues.

Everyone learns something in school about the Grange’s heroic fight against the railroads, land-grabbers and real estate speculators in the 19th and early 20th centuries. It was the champion of the little farmer, the Jeffersonian ideal. Here is a fragment from

Grange Melodies, a popular songbook published in 1905: “Brothers of the plow! The power is with you! The world in expectation waits for action strong and true! Oppression stalks abroad, monopolies abound, their giant hands already clutch the tillers of the ground!”

And here, the opening lines of 1874’s *Farmers’ Declaration of Independence*: “When in the course of human events it becomes necessary for a class of people, suffering from long-continued systems of oppression and abuse, to rouse themselves from an apathetic indifference to their own interests, which has become habitual...” and so, gloriously, on.

Humboldt County granges were some of the biggest firebrands. This resolution was passed by the Ferndale Grange in 1878:

“Whereas, a people view with alarm the growing tendency [by legislation] of a bourbon aristocracy ... which if not checked will finally reduce the working classes of America to mere slaves and vassals. ... The toiling masses of this country are today to the banks and corporations what the peons of Mexico are to the aristocracy of that so-called Republic. ...

“Resolved that we look upon this bourbon element with suspicion and distrust in their effort to subvert that form of government bequeathed to us by our fathers, and to erect instead a semi-despotic government controlled by a centralized aristocracy.”

These were our great-grandparents. What might they do if they were alive today, when the richest 1 percent owns more than the rest of the world? When 85 families own more than 3.5 billion people combined?

The Grange’s passionate defense of freedom and equality ebbed away over the last century and, by the time I joined, it was generally perceived to be in the pocket of Big Ag. It did not rise to the defense of small farmers during the 1980s collapse in the Heartland, when they were being bankrupted by agribusiness and land was being concentrated into fewer and fewer hands. The Grange did not prevent small towns being turned into rural ghettos with farmers reduced to low-wage workers in river-polluting concentrated animal feeding operations. It backed the weakening of regulations on pesticides and herbicides, and of the Endangered Species Act. Recently a U.S. Supreme Court case, with very questionable particulars, of a 75-year-old farmer sued by Monsanto for patent violation, drew this comment from the National Grange: “If the Supreme Court didn’t rule in favor of Monsanto’s argument, there would be little incentive to produce and promote inventions if a company lost all profit-making potential after the first sale of a replicating product.”

This salute to the profit motive is repugnant to the Grange’s Statement of Purposes, which requires that the pursuit of knowledge have the objective of increasing the public and social good.

Nowadays, many farmers don’t own their own seed: They sign a contract for a one-year lease. Small farms continue to disappear. Big Ag controls much of our lives. Monsanto and Syngenta are on the point of merging. Dow and Dupont merged late last year. Six transnational corporations control 63 percent of the seed market and 75 percent of the agrochemical market.

Three firms control 49 percent of the farm machinery market. Six giants control 90 percent of the world’s food. Recently, California passed Assembly Bill 2470 which outlaws small farmers from freely selling or trading their seeds.

But the Grange has deep, deep roots. Its rituals go back to ancient times when the awful powers of the natural world were present and revered. We need that spirit now. It resonates with the wisdom of the indigenous peoples of the Americas. The above-described awful powers are currently in our face.

Now is the time to join the Grange! It is a democratic institution; a change in policy is possible. This is no time for a civil war or for California Grangers to back away and form another organization. There are plenty of them out there already and none have the venerability of a 150-year-old voice. California grangers need to argue their case for the planet on the national level. They must take up the old fight again to roll back monopolies that are accelerating the destruction. And, not just because of the beauty of its historic and capacious halls, but by the generosity of its inspiration, the Grange’s voice will be heard. ●

Ellen Taylor, a 40-year Humboldt County resident and long-time granger, lives in Petrolia.

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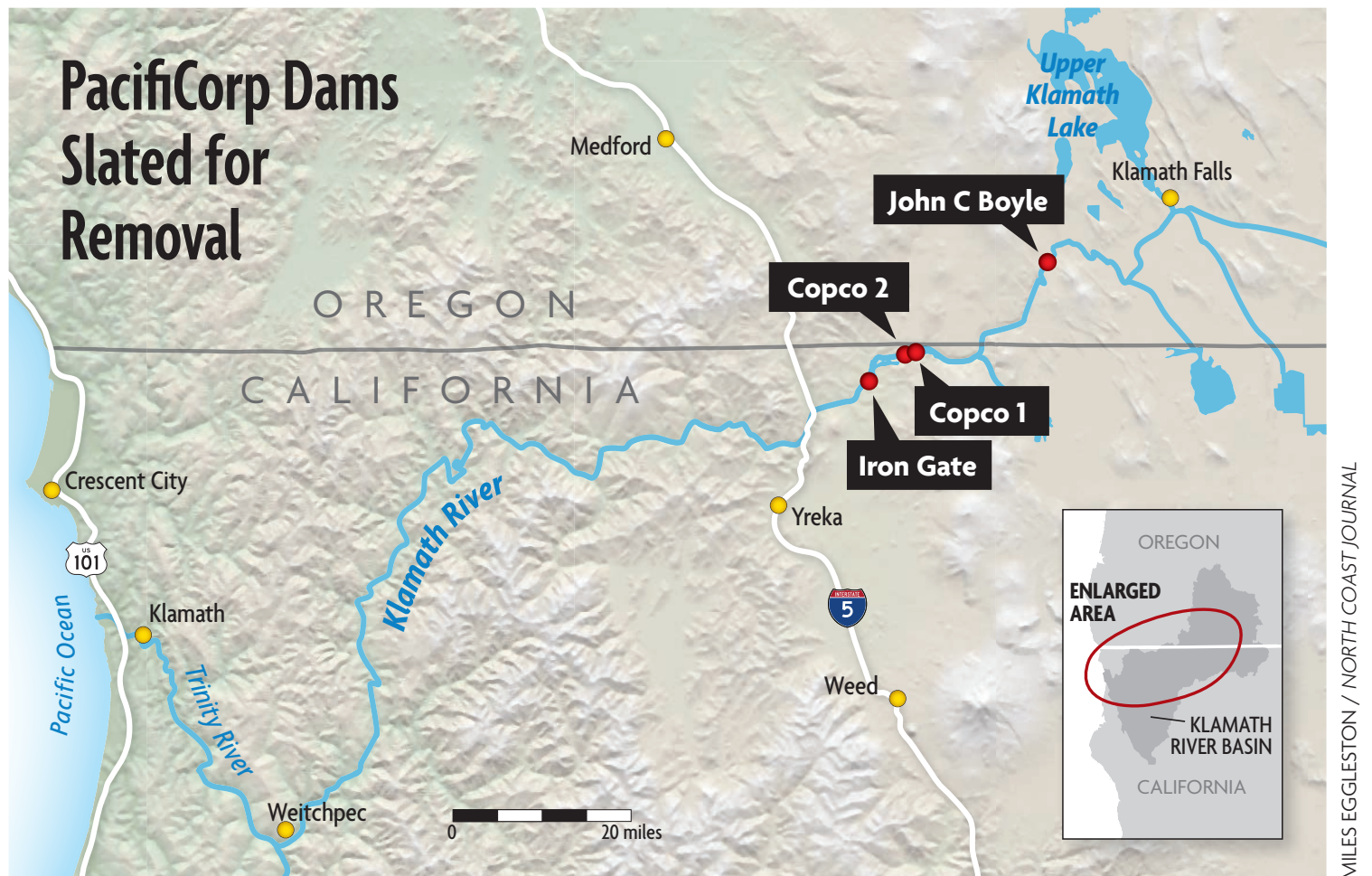
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From the Ashes of Congress

Freed of congressional inaction, Klamath River dam removal rises again

By Thadeus Greenson
thad@northcoastjournal.com



MILES EGGLESTON / NORTH COAST JOURNAL

The largest dam removal project in U.S. history appears to be back on track.

According to a joint press release issued Feb. 2, the federal government, the states of Oregon and California and PacifiCorp — the energy company that owns the dams — have reached an agreement in principal to amend the historic Hydroelectric Settlement Agreement (KHSA) and remove the four dams that clog the upper Klamath River in 2020. The plan, as laid out by officials, is to submit the amended agreement to the Federal Energy Regulatory Commission's process on dam decommissioning. If approved, the agreement would see PacifiCorp transfer title of the four Klamath River dams to a third party that would assume liability and take the appropriate steps to remove the dams.

As reported in our cover story "Uncharted Waters" last month, the Klamath Basin Restoration Agreement — the cornerstone of three accords to settle water disputes, remove four hydroelectric dams and restore fish habitats along the 255-mile long Klamath River — expired at the end of 2015, when Congress failed to pass legislation that would have enacted the agreements. The deal's unraveling left stakeholders — some of whom spent

years negotiating the agreements — facing an uncertain future.

Meanwhile, PacifiCorp still seemed open to the idea of the dams coming out, knowing they were operating on expired licenses. Relicensing through the Federal Energy Regulatory Commission was going to prove costly, as modern environmental laws would require the company to install fish ladders into the dams, which currently provide just 2 percent of the company's electricity. According to company spokesman Bob Gravely, that's why the company was — and is — open to just taking the dams out entirely. "Dam removal for a lot of people means a lot of things, and for us, we just need an outcome for an expired federal license that's a good outcome for our customers in the eyes of our regulators," Gravely said. "With the protections provided by the Klamath Hydroelectric Settlement Agreement, removing the dams and replacing the power was going to be a better way forward for our customers than relicensing with the new requirements that it would [include]."

PacifiCorp's two primary concerns were the cost of removing the dams and the potential liability associated with pulling them out. The new agreement in principle seems to address both.

The pact signed onto by the company,

the feds, Oregon and California states that, if approved by FERC, PacifiCorp would transfer title of the four Klamath River dams to a third-party, which would assume liability and take appropriate steps to decommission and remove the dams in 2020. The removal would be funded with money already allocated and collected through the stalled Klamath agreements, including some \$200 million PacifiCorp collected from rate payers in recent years and another \$250 million from the water bond California voters approved in 2014. (It's interesting to note that even while the Klamath deals appeared to crumble in late December, California Gov. Jerry Brown still included the \$250 million to "meet the state's commitments under the Klamath agreements" in his January budget proposal.)

While the agreement in principle only pertains to the KHSA — the only of the three Klamath pacts to specifically outline a path to dam removal — officials seemed poised to salvage other aspects of the agreements as well, including some measure of water security for Oregon irrigators and ranchers, and river restoration funding. "The states and the U.S. are actively working with all Klamath Basin stakeholders — members of Congress, tribes, farmers and others — on a comprehensive resolution

to restore the basin, advance the recovery of its fisheries, uphold trust responsibilities to tribes, and sustain the region's farming and ranching heritage," states a joint press release from the U.S. departments of the Interior and Commerce.

North Coast Congressman Jared Huffman inherited the Klamath agreements from his predecessor, Mike Thompson, and has staunchly supported them, even as he grew frustrated with his Republican colleagues in the House who refused to enact the legislation needed to move them forward. In a press release issued Feb. 2, Huffman intoned that all the work that went into the initial agreements wasn't wasted.

"This agreement is the reflection of all the hard work done by tribal, fishing and environmental communities who have long fought to tear down these dams and bring the Klamath River back to life," he said. "I am committed to working with the people of the Klamath basin, the state and federal governments, and PacifiCorp toward rebuilding the once-famous salmon and steelhead runs of one of the West Coast's most iconic rivers."

The Hoopa Valley Tribe — which has long condemned the Klamath agreements, alleging they didn't guarantee enough water for salmon and took away tribal

It's All About Us

By Marcy Burstiner

water and fishing rights — also appears to be in support of the new accord. In the press release from Huffman's office, Tribal Chairman Ryan Jackson said the tribe is pleased to see other parties come around to Hoopa's "long-held view that dam removal should move forward separately from the other basin issues that have created controversy in Congress." While it's debatable which aspect of the deals created the paralyzing controversy in Congress — their price tag and fear of creating a dam removal precedent were both popular culprits — many now agree that a settlement through the FERC process is the most direct path to dam removal, especially now that the initial Klamath agreements have set aside a pot of funding and reams of environmental studies that can serve as the foundation. "The available funding and environmental work creates an opportunity for the administration and the states to dramatically help the river," Jackson said.

Where this agreement leaves other KBRA parties is unclear. Irrigators and ranchers in Oregon have long feared that dam removal without water and power deals in place would leave them with water uncertainty and the prospect of a spike in electrical costs. In the press release from the feds, numerous officials pledged to work with all interested parties in the river system to ensure everyone's cultures and livelihoods stay intact. "We'll continue to work ... on a comprehensive plan," said Kathryn Sullivan, assistant secretary of commerce at NOAA. "Too many people have worked too long to let this ... opportunity to slip away."

While the announced agreement was received warmly in most pro-dam-removal circles, some of the original parties — hardened by both the years of intense negotiations to reach an accord and the years of disappointment and pitfalls that followed — took in the news with a jaundiced eye. In the words of Karuk Tribal Chairman Russell "Buster" Attebery, "The agreement in principle is basically an engagement ring; we won't celebrate until the wedding." ●

The best long-running drama not on television just ended. Let's call it *Ferndale Law*. The show starred a hot British ex-pat who somehow found herself owning and running a small paper in a quaint little town 5 miles off a remote highway at the westernmost edge of the continental U.S. She marries a guy who becomes the mayor and craziness ensues.

The show's only flaw was that there was so much intrigue in this tiny place that it wasn't very believable. Here's the crazy thing: It was all true!

If you have been following this story, you know that Stuart Titus and his wife Caroline had sued the Humboldt County Fair Association for failing to renew Stuart's contract as general manager in retaliation for her news coverage in Caroline's newspaper, the *Ferndale Enterprise*. The end came last month when the fair board agreed out of court to pay the Tituses \$150,000. That's a lot of money for a little newspaper so shoestring that the owner does pretty much all the work herself.

And hopefully it is a powerful message to our tiny public agencies that think they can operate as private fiefdoms.

The Tituses also settled a second suit that had to do with the failure of the board to provide public records Caroline had requested under the California Public Records Act. In that case, a judge ordered the board to pay the Titus' lawyer \$45,000 in attorney's fees.

For the hat trick, the Northern California chapter of the Society of Professional Journalists just awarded the *Ferndale Enterprise* with its 2015 James Madison Freedom of Information Award.

The award recognizes that the little battle that played out in Ferndale represents something bigger than Stuart Titus' contract to run the county fair.

It is about whether people have the opportunity to know how public officials make decisions that affect our lives. In this case, it was about the management of the Humboldt County Fair, which is the lifeblood of Ferndale.

There is a general rule of thumb about human beings. When others are watching, we tend to obey laws and general rules of fairness and decency. When people aren't watching, we are more likely not to obey those laws. Corruption happens. And it happens way more when doors are closed and records are sealed.

Some people read the news that the fair board would pay out almost 200 large for the two suits and said, "Wow! The Tituses scored!"

There is an old saying: You can't fight government. But that's what journalists like Caroline Titus try to do, and they do it for those people who don't have the wherewithal. You can't fight government because government will fight back. The SPJ awarded Caroline Titus its James Madison award because her refusal to back off her relentless coverage of the fair board represents something much larger than keeping Ferndale officials on the up and up. She held her ground for years against relentless personal attacks: She was called a bitch and a slut who slept with everyone in Ferndale. She received vile voice mail messages. Ferndale residents were sent a nasty anonymous letter in the mail. In court filings, Stuart Titus was described as a drunk. Attorneys for the fair board even tried to subpoena Caroline Titus' gynecological records. Now tell me: Do you think the Tituses scored?

A small group of people in a tiny town went to extraordinary lengths to get back at a couple that had the gall to insist public business be done in public. Imagine what lengths public officials and their allies go to in much bigger cities. I wish that all newspaper owners were as stubborn as Caroline Titus, that their families were as supportive and that they were as committed to covering local governments.

The truth is few journalists are that stubborn, or have the luxury of working for themselves with staunch support from paid subscribers. Many journalists cozy up to the government officials they cover. Cozying up is way more pleasant than confronting.

Caroline Titus is now my personal hero. But maybe the real heroes are the residents of Ferndale — who, in a world of free downloads, continue to pony up \$1 per issue and \$55 a year to subscribe — and the businesses that pay to advertise in the most old-fashioned of newspapers.

It is hard to teach young journalists to stand their ground when people decline to be interviewed or refuse to give out information. The trick, I say, is that the person isn't saying no to just them. The person is saying no to every one of their readers or viewers or listeners. They are behind journalists in that confrontation and that's where strength and stubbornness comes from. The board of the Humboldt County Fair tried hard to make the suits filed by the Tituses about Caroline and Stuart Titus. But they misunderstood the motto of the paper. Each issue of the *Ferndale Enterprise* says: It's All About Us.

Caroline Titus doesn't mean her. She means her readers. She understands that she works for them. If only our public officials understood that as well. ●

Marcy Burstiner is chair of the Department of Journalism and Mass Communication at Humboldt State University. She is dismayed that were she to find herself in a similar legal dispute, discovery would uncover little dirt about her life.

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Migraines & Cannabis

Anyone who has suffered from a migraine can tell you that the pain is incapacitating. Migraines are a severe form of headaches that typically affect one side of the head and are often accompanied by nausea, vomiting, and extreme sensitivity to light and sound. According to the Migraine Research Foundation, about 18% of American women and 6% of men suffer from migraines. About 14 million people experience headaches on a daily basis. Some of the causes of migraines include hormonal changes in women, foods, food additives, drinks, stress, sensory stimuli, changes in wake-sleep pattern, physical factors, changes in the environment, and even certain medications.

With so many potential triggers fac-

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tors in our busy American lifestyles it is difficult at times to target the exact cause. This leads many individuals to seek medication to alleviate their pain and enable them to return to their daily activities. Current pharmaceutical options for relief include pain-relieving medications (NSAIDs), Triptans, Emetics, Anti-Nausea Pills, Glucocorticoids, Anti-Depressants, and even Opioids. Some of these pharmaceutical options work well for certain patients, but many of these medications may be accompanied with severe side effects or are narcotics and can be habit forming.

With the plethora of new information surfacing about the historical use of cannabis and its potential medical properties, many patients are looking to cannabis as a real alternative to the current medications used for migraines. At Humboldt Patient Resource Center, many patients have shared their experiences around the use of cannabis and migraines. Although there is no standard dosage provided from the medical research community, the most reported benefit from the use of cannabis included the reduction of nausea, pain, and frequency of migraines.

The largest complaint from patients is the ability to repeat the desired effect with each application of medical cannabis. When a patient does not know the strain or potency of cannabinoids present in their medical cannabis, it is difficult for them to recreate the desired effect. At Humboldt Patient Resource Center patients will find all



medicine labeled for potency so an individual will have the information required to seek the same relief. There is also patient reporting on a rebound headache risk of overmedicating with cannabis, which means that too much cannabis can recreate the migraine after relief. This supports the basic rule of using as little as possible in each application to prevent overmedicating or a rebound headache. Patients should pay special attention to staying hydrated when using cannabis.

While cannabis may not be a cure-all for patients suffering from migraines it may be a very beneficial tool. Applications of cannabis for migraine patients are not limited to smoking the herb. At HPRC patients can find migraine salves, edibles, tinctures, transdermal patches, and even massage tools to assist with daily tension. Patients are invited to stop by our Arcata collective to find out more information about medical cannabis and the potential benefits this plant may offer! 🌿

The information presented in this article is not to be considered medical advice and is for informational purposes only. Always work with your primary care giver when making decisions about medicine use.

HPRC'S QUALITY CONTROL PARTNERS



What Deadline?

By Grant Scott-Goforth

grant@northcoastjournal.com

A University of California San Francisco think tank released a study based on proposed marijuana legalization ballot measures that warns of a corporate takeover of the marijuana industry that could have negative public health effects.

The report, which comes from the university's Center for Tobacco Control Research and Education, says legalization — the most prominent effort for which is being funded by tech billionaire Sean Parker — is likely to lead to big money flowing into Sacramento to lobby for the newly legal industry.

That, in turn, the report says, could threaten public health efforts — much like the strategies undertaken by Big Tobacco to ease regulations and sell more products. Calling corporate marijuana an already “potent lobbyist,” the report's co-author told the *Sacramento Bee* that a marijuana ballot measure's “goal (should be) to legalize it so that nobody gets thrown in jail, but create a legal product that nobody wants.”

Countering the report, a spokesperson for the Parker-backed ballot measure said the law being drafted contains public health protections, as well as anti-monopoly measures.

Two days after the Humboldt County Board of Supervisors passed a comprehensive outdoor medical marijuana cultivation ordinance — an effort of superbureaucratic speed — state lawmakers lifted the deadline that led to the county's mad rush.

Assemblyman Jim Wood announced on Jan. 28 that his emergency legislation, lifting a March 1 deadline for local jurisdictions to enact pot laws or cede all regulatory control to the state, has been approved by both the Senate and Assembly. All that remains is a signature from Gov. Jerry Brown and the legislate-by date will be removed.

“I am not advocating for or against a particular position on medical cannabis,”



Assemblyman Jim Wood, in October, asking Gov. Jerry Brown to pass statewide medical marijuana reforms.
Photo by Grant Scott Goforth

Wood said in the release. “I am advocating for local elected officials to take the time to engage in a process that results good public policy, not knee jerk reactions.”

The local ordinance's drafters always took the deadline seriously, even as it became more and more apparent the Legislature was making good on its promise to remove the time restriction. Throughout the process, which saw dozens of hours of planning commission and supervisors' meetings, and untold hours of staff time, the drafters lamented the short timeline, all but acknowledging that the ordinance could have been better with more time to work on it.

But the ordinance is not carved into stone — it goes into effect at the end of February, and supervisors can amend it as they see fit. Perhaps embracing the deadline was a boon — motivation for the county to finally address Humboldt's outdoor grow scene decades after Proposition 215 passed.

And Humboldt County's measure is far more comprehensive than outright bans that have been sweeping city and county jurisdictions, including Fortuna. The League of California Cities, apparently, was advocating that city governments pass bans as a means to hold on to local control, surmising that it would be easier to lift them than to impose stricter rules later. Those efforts were likely the target of Wood's “knee jerk” admonishments.



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In very little time, you'll be able to determine what works best for you. We are here to help you find what will work best for your needs. Please feel free to come to us with any questions or concerns. We believe in the “Heart of Humboldt” and professional and compassionate care is what you will always receive here.



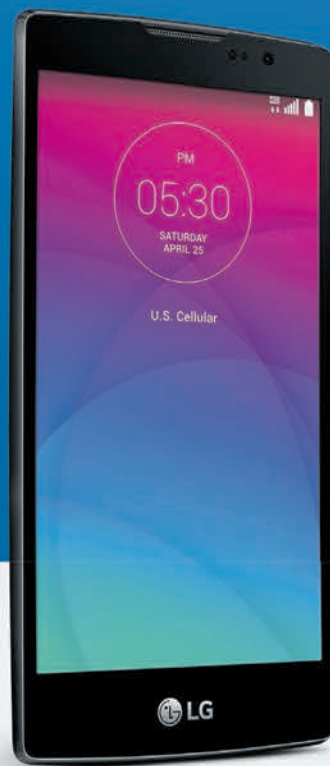
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Talking about a Vacation Rental Ordinance

The Humboldt County Board of Supervisors is about to plunge into the issue of vacation rentals, a topic that has communities across California, and the nation, tied up in knots (and, in many cases, law-suits). The supes will consider a petition on whether and how to regulate vacation rentals at its Feb. 9 meeting.

The issue pits property owners who want to rent out homes against residents who complain about absentee landlords, noise and loss of community. In California, the issue has been building in metros like Los Angeles and San Francisco and small towns and vacation areas from the coast to the Sierras.

Current Humboldt County regulations require rentals of at least 30 days, said county planner Steve Werner, which means that shorter term “vacation dwelling units” — houses or rooms rented out for fewer than 30 days — are illegal. “We’ve seen a rise in the number of these kinds of uses,” he said.

So far in Humboldt County, only tiny Trinidad has enacted local ordinances to regulate vacation rentals (See the *Journal’s* Dec. 10 cover story, “For Rent”).

“It’s a complicated issue that’s hard to get your arms around,” Werner said, acknowledging that the supervisors are playing catch-up in trying to get a handle on the issue across a large and diverse county.

Shelter Cove was first to broach the

subject of vacation rentals to county planners, Werner said, and other cities have started working on the issue.

Many unincorporated parts of the county, including Westhaven, Big Lagoon and other Trinidad outskirts, have seen growing tensions between rental managers, their property owner clients who use their homes to generate revenue, and full-time residents who complain about “strangers who invade our neighborhoods and disrupt our lives with loud parties, trash, traffic, dogs pooping and cars parking on our properties,” as Westhaven resident Mara Parker put it in a recent letter to the *Times-Standard*.

Trinidad city officials adopted a local ordinance on short-term rentals last year, only to place an “emergency moratorium” on rental licensing while city officials hold public hearings to consider elements the original ordinance missed. Trinidad’s all-volunteer planning commission has held public meetings on limiting the number of rentals in town, code enforcement, rental density in residential neighborhoods, penalties for violations and other matters.

Werner said the short-term rental issue, like marijuana cultivation, has grown faster than county regulations could keep up. He says county planners will be watching Trinidad’s progress closely on the vacation rental issue as the supes decide how to address it.

— Ted Pease

POSTED 02.02.16. READ THE FULL STORY ONLINE.

Minor Inconvenience



Coming Attractions, which has operated the Minor Theatre since 2005, will shut down operations of the theater on Feb. 5. The theater’s new owner, Josh Neff, says he plans to re-open, but expects renovations to take at least a month.

POSTED 02.02.16. Photo by Sharon Ruchte

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Wheatley Bows Out: Arcata City Councilmember Mark Wheatley has dropped out of the county Third District supervisor race. Wheatley, who was arrested last month on suspicion of driving under the influence, cited “a number of personal and professional obligations.” Wheatley’s withdrawal leaves two announced candidates in the race: Mike Wilson and Uri Driscoll. POSTED 02.10.16

Arcata Recycling Center Closing: The Arcata Resource Recovery Center — the city’s only public recycling center — is closing, citing a lack of customers and dwindling resource prices. Arcata’s curbside recycling program will not be affected. People seeking redemption values for recycling will have to travel to McKinleyville, Samoa or Eureka. POSTED 01.29.16

Cyclist Killed in Eureka: Justin Blake, 36, of Eureka, was killed after being struck by a pickup truck on Jan. 28. According to EPD, Blake was not wearing a helmet when he ran an F Street stop sign into the path of an oncoming truck heading west on Trinity Street. 2015 saw 28 deadly crashes in Humboldt County. POSTED 01.29.16

Digitally Speaking

\$3.8 million

The county’s “moderate” projected deficit going into the 2016-2017 fiscal year. The county released a new interactive budget app recently. Visit www.northcoastjournal.com to find a link to the app. POSTED 01.30.16

They Said It

“The entire failure was financed with public tax revenues.”

— Attorney Paul Boylan on the Humboldt County Fair Association’s unsuccessful fight to prevent the release of public financial records. A judge ordered the association to pay \$45,000 to Boylan for his fees in representing the case. POSTED 01.27.16

Comment of the Week

“Long answer hell no, short answer no.”

— Joslyn Nelson Long, responding to the Journal’s inquiry into whether there’s such a thing as too much bacon. POSTED 01.30.16



The Bridgeville Cemetery, established 1861, where some graves have been restored and others lost to time. Photo by Linda Stansberry

Bridgeville

The strange past
and uncertain future
of a small town for sale

By Linda Stansberry

linda@northcoastjournal.com

It's the third Friday of the month, and volunteers at the Bridgeville Community Center are busy. The community center's food pantry feeds around 60 families from neighboring communities. On other days, it offers adult education, mental health referrals and a senior lunch. For those accustomed to larger burghs, the tiny town — 83 acres, population 25, halfway between Fortuna and Ruth Lake on State Route 36 — may seem like the middle of nowhere, but for many in this rural part of Humboldt County it's the center of everything. And for decades, as the town has gone from owner to owner, in and out of escrow, across international headlines and through the dreams of ministers and music producers, locals have waited for that center to drop out.

"It's just kind of in limbo," says Chantal Campbell, liaison for the community center. "It's hard to think about somebody privately buying it and turning it into their own thing when we want to make it a community."

The town, which gained widespread media attention in 2003 when it went up for sale on eBay, has been under absentee ownership for the past 10 years, managed remotely by the family of its previous owner, who died in 2006. The family's realtor says they hope to get \$995,000 for the town, about \$200,000 less than its last sale price. At one time, Bridgeville was a thriving waystation for stagecoaches, its eponymous bridge the only overland route south out of Humboldt County. The establishment of the railroad connecting Humboldt Bay with San Francisco, then the Redwood Highway, made the once-essential route obsolete. But even as the world withdrew from Bridgeville, the tiny collection of buildings perched on the edge of the Van Duzen River became the backdrop for the fantasies of outsiders wanting to get away from it all.

Jessie Wheeler has fond memories of a childhood in Bridgeville, which her great-grandparents bought in 1912. At the

time it boasted a hotel, livery, blacksmith, store, school and post office. The town weathered the end of the stagecoach years and the collapse of the wool market, finding its footing during the timber boom of the 1940s and 1950s. Wheeler's grandfather, George Henry Cox Jr., erected small pre-fab homes for lumberjacks and their families. Many were from Oklahoma and Arkansas, having fled the Dust Bowl. When Wheeler went to board at the convent in Eureka for her high school years, the nuns had to train her out of using an "Okie drawl." Dances at the town hall, deep-pit barbecues and an annual rodeo drew revelers from neighboring communities. The town's finances hinged on wages earned from the mills, with the Cox family drawing in profits from the store and rent. Wheeler said her grandfather was a kind but modest man. He had one house specially made for a World War II veteran who had lost his legs in combat. It was, Wheeler says, the first and last ADA-accessible home in Bridgeville.

"It was a fully functional little town," Wheeler says. In her folder full of historic photographs, there's a newspaper clipping from March of 1961, announcing the installation of streetlights. It could be argued that the construction and functionality of Bridgeville could only have existed for this brief window of time, when the timber market was strong and environmental regulations weren't. Because of its adjacency to the river, Wheeler says, the soil would never pass a percolation test necessary to install a full sewer system. Residents used to draw water from the river during dry summer months, something that is now neither legal nor advisable. The Cox family negotiated water rights through handshake deals with local ranchers to pump springwater out of the hills, but there has never been a community services district or water treatment plant for the town.

Wheeler's mother, Laura June Pawlus, inherited Bridgeville from her parents in 1966. By then the timber boom had sub-

“It’s hard to think about somebody privately buying it and turning it into their own thing when we want to make it a community.”

— Chantal Campbell

sided and Pawlus — who had been caring for her aging parents — found herself unable to keep up with the work of the town. She became postmaster at the little post office to make ends meet. In 1973, she sold Bridgeville for \$150,000 to a family from San Francisco — the Lapples.

“That was the saddest thing that ever happened to Bridgeville,” Wheeler says. “They tried to take over everything and just let it go downhill.”

Calls to Elizabeth Lapple, owner of the Eureka-based glassware business Stuff N’Things and former owner of the town (inherited from her mother, also named Elizabeth Lapple), went unreturned, but a 1978 newspaper article in *The Day* (a Connecticut paper) seems to confirm Wheeler’s accusation that the family had failed to maintain the town. Residents called the houses “seamy” and reported being “often without plumbing or sewage.” Wheeler says this is because the Lapples had burned their bridges with neighboring ranchers, removing pipelines and failing to cement the handshake agreements her grandfather had established over water access. The Lapples, it would appear, were the first of Bridgeville’s many owners who had enough money to purchase the town, but not nearly enough to maintain it.

“People think, ‘Oh I’m buying my own town, I’ll have my own zip code,’” Wheeler says. “They don’t know what it takes.”

Wheeler and others say that around this time drugs began washing through the town. Laura Pawlus, still the postmaster, called federal agents when she suspected controlled substances were being sent through U.S. Mail. The article in *The Day* describes the tenants during the Lapple period as people who offended their conservative rancher neighbors because “they did not work and because many of them had long hair and beards and shunned marriage.” Wheeler, who lived in Sonoma, would drive straight through Bridgeville when she returned to visit her mother, who lived across the river. The house her grandparents had built up from

a one-room cabin had its windows broken, its lawn covered in junk.

“It was awful,” she says.

In 1977, the Lapples sold the town for the first time, to a religious group from Fremont called the Full Gospel Temple, also known as the Pentecostal Faith Changers. Made up of mostly elderly people who had put their life savings into buying the town, the group intended to create a “religious community in the wilderness.” They evicted Bridgeville’s tenants, which endeared them to some of the local ranchers, but also banned the sale of spirits and tobacco at the store and saloon, which apparently endeared them to no one and cut deeply into the town’s revenue. The town sold for \$450,000, according to *The Day*. The Lapples retained the title on the town, and when the order’s minister took the kitty and absconded in the middle of the night (“Got a calling,” says Wheeler), the mortgage came due and the elderly congregants were foreclosed upon.

The Lapples had at least one other buyer after this, another minister who planned to start a home for wayward boys, but he, too, struggled with the ongoing infrastructure issues and never saw his dream come to fruition. Even as plans were being made to rescue impoverished outsiders, the region was experiencing growing pains due to a changing demographic, the further decline of the timber industry and the burgeoning marijuana trade. In 1991, citizens began meeting for potluck dinners to discuss the problems facing at-risk youth in the area. Over a third of local households lived below the poverty line, and many children were receiving inadequate medical care. Issues affecting children, such as hard drug use and emotional and physical abuse, were going unreported due to the fear of marijuana eradication raids. In 1994, Bridgeville received a three-year, \$400,000 Healthy Start Implementation Grant from the State of California. The grant helped

Continued on next page »

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The town's former store, whose windows were boarded up following acts of vandalism. *Photo by Linda Stansberry*



The Henry Cox Jr. Memorial Bridge, designed by engineer John B. Leonard in 1925 and decommissioned in 1997. *Photo by Dottie Simmons*



A view of Bridgefest 2013, the town's annual UFO-themed festival. *Photo by Dottie Simmons*

Bridgeville

Continued from previous page
jumpstart the community center, which has brought in a number of resources, including a children's outreach coordinator.
In 2003, Elizabeth Lapple decided to put Bridgeville up for sale on eBay. By this time there were no businesses in the town, just a handful of houses in poor

repair and the tiny post office. (The school is county property and was not included in the sale.)
"Bridgeville is the perfect thing. You can have control of the town, everyone who lives there, and you can have your own little paradise away from Los

Angeles," Lapple told the *New York Times Magazine* at the time, adding that the notoriety the sale attracted was not all welcome. "I've had nine marriage proposals since the sale."
While the novelty of putting a town for sale on eBay garnered plenty of publicity

and offers of all kinds, it didn't actually produce a buyer. The highest bidder — who offered \$1.77 million — later backed out of the sale, and a real estate developer from Los Angeles named Bruce Krall snatched the town up for \$700,000 in 2004. Wheeler says Krall was a "nice, nice

“It’s hard to manage a property from 600 miles away.”

— Bruce McNaughton

man” who consulted her before the sale.

“He got ahold of me and asked me what ... to worry about. I told him, ‘water and sewage,’” she says. And Krall — who planned to turn Bridgeville into an up-scale health retreat — did make some long-needed infrastructure repairs, including fixing roofs on the remaining houses, tearing down the dilapidated grocery store and installing a septic system for the town’s post office. But ultimately, Krall couldn’t align his vision with the reality of living so far away from the life his family had established in L.A., and he put Bridgeville back on eBay. Krall died in a private plane crash in 2011.

In 2006, a 25-year-old entertainment manager named Daniel La Paille, also from Los Angeles, bought Bridgeville for \$1.25 million. He, too, had big plans, including putting in a hotel. But mere months after the purchase, he committed suicide, returning the town to limbo. La Paille’s family in Riverside retained ownership and Bridgeville has been for sale ever since.

“It’s hard to manage a property from 600 miles away,” says Bruce McNaughton, the La Paille family’s real estate agent. “Plus, it keeps bringing up the tragedy that happened to their son.”

McNaughton says the family has been doing some of the necessary maintenance on the town over the last 10 years, such as digging a well and remodeling the old church. Most of the day-to-day has fallen to a caretaker who lives in the town, and the rental income, while low, helps the town “sort of pay for itself.” Although several buyers have expressed interest over the last few years, and the property has even gone into escrow a few times, all have pulled out after doing the math.

Most of the work that has been done in Bridgeville over the past few decades

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A stagecoach stopped in the town, circa 1880.

Photo courtesy of Jessie Wheeler



Bridgeville circa 1920.

Photo courtesy of Jessie Wheeler

Bridgeville

Continued from previous page

has been demolition. Both the Cox home and the little yellow house that Henry Cox built for his veteran friend have been torn down. “No Trespassing” signs adorn the walls and fences of what remains. Five of the remaining eight are inhabited; their vacant neighbors sit abandoned, with broken windows, overgrown by blackberry brush. The town’s historic bridge, which was designed by John B. Leonard, the same engineer who designed Fernbridge, was decommissioned in 1997, and officially dedicated to Henry Cox. Once a vital link between Humboldt County and the outside world, it now deadends onto a gravel pit and the edge of State Route 36. On one of its far parapets, the date of its erection — 1925 — is etched just opposite a scrawl of graffiti. At the time the *Journal* went to print, Bridgeville’s listing had been temporarily put on hold, although McNaughton could not say why, only that the La Paille family was “figuring stuff out.”

Many locals still have high hopes for the town, where the school and community center still serve as gathering places for families from even tinier burghs. The rental market in the area is highly impacted, and many families who would like to keep their children at Bridgeville School have been forced to move to town. Some

envision the old churchyard next to the bridge as a community park. Currently it — and everything in the town except for the bridge, post office and school — are off limits for liability reasons.

Local historian Jerry Rohde, whose next book will include a chapter about the town, says Bridgeville’s fate is identical to many former boom towns in the Humboldt hills and tightly tied to the region’s changing demographics and income. Some former company towns, such as Samoa, have found rescue in the form of private developers. Others, like Scotia, have been rezoned with plans to sell homes off to private citizens. But in Bridgeville, he says, the good times are not coming back.

“The most they can hope for now is just being a gathering place for the few locals there are,” he says. “As far as being a community, I just don’t see it happening anywhere in those outlying communities. Now there are so many people out there making good money growing marijuana, they may not even live there year-round. There are people and there’s wealth, but it doesn’t translate to supporting a small local community. Unless you had some group of people who wanted to form one of those intentional communities, that had some reason for wanting to be together, close to hand,

I don’t see where the motivation would be there for it to bounce back and be vital to the local area.”

Jennifer Bishop, who homesteads 7 miles away off State Route 36 and whose daughter attends school in Bridgeville, disagrees. Bishop, who started the town’s annual UFO festival Bridgefest, feels the sole-owner model that has been in place for most of the town’s history is at the root of its dysfunction, and that with sufficient money and drive it could be revitalized as a community hub serving the ranchers, homesteaders and marijuana growers in the surrounding hills. Bishop began the Bridgeville Improvement Group (B.I.G.) in the last several years, and has been researching cooperative housing models that she feels would work for the town.

“If there were 10 people with \$200,000 apiece that formed an investment group who wanted to build housing and businesses, we could make it happen,” she says. “It’s so expensive for one person to maintain and redo — we need multiple hands.”

B.I.G., which consists of Bishop and one or two other locals, has been working to find those 10 people for two years. They would have to be 10 “magical people,” she admits, people who were interested in

investing for the common good, people who had a special alchemy of wealth, patience, diligence, altruism and vision. The money for potential business owners is there, she insists, especially during the harvest season. Seventeen miles away, the nearby Dinsmore Store is “clogged” during the summer and fall, with seasonal workers looking for soil and sustenance. A Brinks truck comes to take the store’s till every week. If someone were to open a laundromat, a restaurant or a store in Bridgeville, he or she could easily capitalize on the money that’s currently “flying out the door, to Costa Rica or Hawaii,” and reinvest it back into infrastructure, she says.

But actually getting a return on investment would take time and elbow grease. None of the buildings currently standing on the town’s lone road could be brought up to code. Not only are they in an extreme state of disrepair, the Van Duzen’s designation as a Wild and Scenic River brings the adjacent area under national protection, making the permitting process for any new construction a nightmare. Bishop, who says she has done “way too much research,” says the new construction would have to be moved “up the hill” and away from the water, but



after that, the possibilities are endless. The old church could be a community hall, the churchgrounds a park. It would be a walkable community, a place where people know their neighbors, a model of energy-efficiency and the power of local investment. Yes, she admits, she, too, has been "bitten by the Bridgeville bug."

The best metaphor for Bridgeville might be its tiny cemetery, which sits on the hill next to the road headed east out of town, a white picket fence frames a view of the fog-draped mountains. Inside, cracked stone markers have been repaired and propped upright on the muddy ground, which is slouching slowly but inevitably into the river. Patriarchs from the 19th century rest shoulder-to-shoulder with stillborn babies interred during the hazy 1980s, waiting for a patient hand to pluck the weeds and still the sliding earth. Because this town, like all towns, is more than a zip code and a main street. It's the monuments and the history, paint chips and black mold, water running through the hills and thrumming below the pavement; it's those who own it, those who use it and those who call it home. Whoever buys Bridgeville next will have to serve them all, the living and the dead. ●

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Native Plants, the Designer Way

By Genevieve Schmidt

downanddirty@northcoastjournal.com



Native and ornamental plants commingle in the Abels garden in Bayside.

Photo by Genevieve Schmidt

Our regional plants offer so many ways to deepen our relationship with the environment around us. Not only do they attract birds and native insects (which form the base of our food chain and help birds feed their young — and are charming in their own right), they highlight the unique beauty only found here in Humboldt. There's an unfortunate perception that native plant gardens have a messy look, but just because you are using natives doesn't mean your landscape design should emulate the wildness of nature. Here's how to design them successfully.

Create an orderly frame. I'm currently reading *Planting in a Post-Wild World* by Thomas Rainer and Claudia West, and they bring up the concept of an "orderly frame." Even chaotic plantings, with grasses and wildflowers tangling together, look refined and intentional when framed by pathways and patios that have a generous size, strong shape and are made of finished-looking materials such as interlocking pavers, stamped concrete or stone. By contrast, unevenly edged pathways covered in straw will make any planting look like it's having a bad hair day. If more permanent materials are outside of your budget, micro fir bark and decomposed granite can be set in a geometric or broadly curving shape to harmonize with the architecture of your home and give plantings a clean look.

Keep the edges crisp. On a similar note, keep the edges scrupulously neat in any areas where your planting beds are bordered by lawn or loose materials such as bark or gravel. As your eyes float

across the landscape, the edges make the biggest impression as to whether something is well-kept or out of control. Use either a semi-permanent edging such as brick, bender board, concrete curbing or rocks; a low hedge (either clipped or left natural); or plan to use a string trimmer or pulaski twice a year to define the line of the border. This is less important if you are landscaping with native shrubs, grasses and perennials in a way that already looks well-organized, but becomes more so when you experiment with reseeding annual and biennial wildflowers. Consider how the English wrap a neat hedge of boxwood around an exuberant floral planting and you'll get the idea.

Use a broad brushstroke. Many gardeners passionate about wildlife and native plants start out by trying to replicate the randomized design of nature, tucking a wide variety of single specimen plants throughout the garden. But going from the clean lines and large size of your home straight to a wild space that looks untouched by a human hand feels both out of scale (wrong size) and out of place (wrong feeling). The solution is to cluster plants in broad swaths so each of your plant selections appears as a larger element. A meandering drift of native grasses or perennials can emulate a natural shape like a streambed, yet the bold design still feels appropriate next to the man-made look of your home. While this approach means you have to consider your plant choices that much more carefully since there are far fewer of them, it will give your composition a huge visual impact.

Choose a simple color palette. Plant lovers may find the whole "planting in

masses" advice a little hard to swallow, given how many exciting plants there are to experiment with. If you want to use a wider variety of species and still have it look well-designed, one secret to doing so is to choose a limited color palette. By emphasizing a simple array of, say, four colors, you can attain a feeling of continuity throughout the landscape while still enjoying frequent shopping trips to the nursery. When choosing which colors to go with, think about what colors you decorate with indoors. By echoing some of those themes, the view outside your windows will feel like an outdoor extension of your home.

Get to know local wildlife. By learning the names of the specific birds and insects that frequent our local plants, you can better target your plant selections to encourage wildlife to visit. California is a big place, so just planting things native to California may miss the mark when it comes to feeding and supporting the bugs and birds found here in Humboldt. Local author and insect enthusiast Peter Haggard recommends Ceanothus, Twinberry (*Lonicera*), California wax myrtle (*Myrica*), native currants and gooseberries (*Ribes*), and wild buckwheat (*Eriogonum*) as powerhouse plants for coastal Northern California wildlife. Check out his book *Insects of the Pacific Northwest* for identifying some of the cool beasts visiting your garden, and Russell Link's book *Landscaping for Wildlife in the Pacific Northwest* for photos of Northwest birds as well as specific information about which birds are attracted by which plants.

Experiment with pruning natives. While each species of shrub and tree has


its own natural habit, native plants can be pruned and shaped just like you would any other, so if you are attracted to a specific type of pruning or landscaping, native plants can be trained to fit your aesthetic. Play with Japanese cloud pruning, remove the lowest branches from a native shrub to make it into a small multi-stemmed tree, or use stakes and ties to shape a supple stem into an interesting spiral. You can retain the regional beauty found in native plants as well as many of the wildlife benefits while still having fun pruning with artistry.

While I love to garden with purely ornamental plants as much as the next person, Humboldt County is the home of such exquisitely beautiful plant life that it's a shame to ignore it in our landscaping. By incorporating some of our region's native plants, we not only attract the local wildlife that has evolved to interact with it, we highlight the special beauty that is only found here, and increase our connection to the world outside the backyard fence. Learn more about native plants at the website of the North Coast Chapter of the California Native Plant Society, www.northcoastcnps.org, where you'll find plant suggestions as well as dates of upcoming lectures and garden walks.




For a detailed monthly to-do list, visit www.northcoastjournal.com/GardenTodo.

Genevieve Schmidt owns a fine landscape maintenance company in Arcata. Visit her on the web at www.GenevieveSchmidtDesign.com.



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Broken Relics

Walter Early and Benjamin Funke
at HSU's First Street Gallery

By **Gabrielle Gopinath**

artbeat@northcoastjournal.com

How does a sculptor adapt to a world already brimming with stuff? Both Walter Early and Benjamin Funke (full disclosure: this writer's partner) make a point of making do with what we have: everyday, mass-produced objects possessing little or no inherent value. Their two-person show *Chronic Fatigue* is up at Humboldt State University's First Street Gallery this month, curated with customary deftness by director Jack Bentley.

Kentucky-based Early is a formalist with a weakness for decorator hues; HSU lecturer Funke's influences are DIY punk aesthetics and conceptual art. They treat the presented objects with neither pop sarcasm nor exaggerated reverence but matter-of-factly, as resources. *Like it or not*, the art seems to say, *this is the stuff with which our world is furnished*.

Both artists share a romantic jones for ruins and a Catholic taste for relics. They show us what look like basketball nets and thrift-shop end tables — familiar objects fished from the stream of American life, made slightly strange and isolated from context to make them even more alien.

Remnants and fragments abound. Early shows steel constructions that have been purposely defaced, along with a hand-picked selection of forge leftovers. Funke shows misshapen bits of slag bronze that glow like pyrite, along with big photographs documenting fragments of a 1931 plane crash.

Both bodies of work seem to ask: When does a fragment become plausible as art? Austrian art historian Alois Riegl's idea of "age-value," the notion that how old an object is may increase the perception of its worth, comes up against "art-value," since age-value prioritizes the acceptance — and even the celebration — of brokenness and decay.

Once we begin appraising an art object in terms of age-value, it goes through the looking glass. Questions of quality, condition and even structural integrity may influence value in ways that are the opposite of the norm. No wonder most of the sculptures in this exhibition look seasoned, as though they had taken a long, strange trip around the block and come back a little the worse for wear.

Early's gnarled hulks of painted steel perch archly on top of whitewashed furniture, as though their destiny as tasteful objects of middle-class décor had been preordained. Some bear a patina that suggests hard use. Others appear to have been arrested partway through their creation.

The sculptures come from two series, "sparsities" and "johnnycakes." The former are volumetric constructions in steel that have been displaced from their original contexts. The latter are comprised of found and manipulated industrial foundry waste. These objects are, in Early's self-effacing words, "somewhere between Chinese scholars' rocks and wadded up dryer lint."

The hunkering "Buchanan" resembles a roughly handled rendering of the Incredible Hulk's musculature, captured in mid-writhe. "Vagrant" looks like a weathered, albeit unrecognizable, farm implement decked out in an incongruously domestic shade of soapy lavender. It sits atop a stool that recalls the base of Marcel Duchamp's readymade "Bicycle Wheel." "Vagrant" is the garden-tool equivalent of the long, lugubrious faces in Grant Wood's painting *American Gothic* — a shout-out to the postmodern canon, masquerading as folksy Americana — you can't look away.

Funke shares Early's genial tendency to troll assumptions about taste and value.



Walter Early's Hulky "Buchanan." Courtesy of the artist

"Collection (Vertical)" is made from thousands of stacked baseball cards recessed into the wall, a long vertical unit striated with colored bands. Virtually all the players' identities, their stats, card provenance and collectible value are stripped away, raising questions about the individual, the collective and celebrity. And since the value of baseball cards fluctuates like stock, the question of whether the value of the piece as art outweighs its value as a grouping of mass-produced parts remains open.

Funke's photograph series "TWA599" also touches on celebrity and the disparate pieces of a whole. At a distance, the large-scale inkjet prints of mundane fragments and scraps of wood look like hard-edge abstraction from the 1970s. But these are relics salvaged from the 1931 crash that killed Hall of Fame football coach Knute Rockne along with seven others en route to Hollywood. The photos present the crash fragments as formal exercises, isolated from their provenance. But what does putting them back in context do to their value?

Both Early and Funke remove embedded information from familiar forms. In

their joint statement, they remark on what they call the "exhausting excess" of contemporary culture. "We are challenged daily by endless arrays of data and uncontrollable amounts of waste. Information overloads our sensors, threatening to overwhelm us physically and psychologically. Screen time can turn into an ordeal and an addiction," the artists observe, before remarking that it can also be a "source of meditation inspiration." These sculptures show you how.

The show's title is a weed joke, needless to say, but it's also a pun on the quintessentially millennial condition of belatedness. In the hyperlinked, oversaturated world we inhabit, these cryptic sculptures are cool because they don't connect. In an age of unlimited infotainment, these artworks say the static on the screen is what's dope. ●

A reception for the artists will be held at First Street Gallery on Saturday, Feb. 6 during Arts Alive. Walter Early presents a lecture and slide show about his work at Humboldt State University on Friday, Feb. 5 at 5:30 p.m. in Room 102 of the Art Department building.

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Presented by Eureka Main Street. Opening receptions for artists, exhibits and performances are held the first Saturday of each month. For more information, phone Eureka Main Street at 442-9054 or go to www.eurekamainstreet.org.



Nicole Kita, screen print on paper and silkscreen on T-shirt, at Shipwreck. *Courtesy of the artist*

A TASTE OF BIM 613 Third St.

Nancy Flemming, paintings.

ADORNI CENTER 1011 Waterfront St.

"Ikebana," Gordon Trump, sticks-n-stones art; Paul Rickard, watercolors; Barbara Saul, pastels.

ALIROSE 229 F St.

Susan Strobe, floral paintings.

BAR FLY PUB AND GRUB 91 Commercial St.

Kathleen Bryson's private collection.

BAYFRONT RESTAURANT 1 F St. Plaza Richard

Duning, paintings.

BLACK LIGHTNING MOTORCYCLE CAFÉ 404 F St.

Music by Jim Lahman Band.

THE BODEGA 426 Third St.

Love-themed group show.

BOLLYWOOD INDIAN CUISINE 535 Fifth St.

Music by Seabury Gould and Rahman.

C STREET STUDIOS & HALL GALLERY 208 C

St. "Facetime," curated by Ath3na, multiple artists.

CAFÉ NOONER 409 Opera Alley.

Phillip Shuman, drawings. Music by John Myers and Jim Silva.

CALIFORNIA MENTOR 317 Third St. The Studio,

group show.

CHAPALA CAFE 201 Second St.

Kylan Luken, photography.

CHERI BLACKERBY GALLERY and THE STUDIO

272 C St. "New Year, New Vision," Donna Albers, Joe Blankenship, Samantha Burrell, Chris Bradford, David Caylor, Sara Dory, Tawnya Costa, Wendy Dare, Angela Davenport, Felipe Gonzalez, Dennis Gormley, Ryan Grate, Chris Johnson, Rachael Leal, Eric Lee, Dale Lowtrip,

Allen Martin, Reuben T. Mayes, Nichole McK-inney, Tawny Morgan, Kat Olsen, Stephanie Powell and Holly Sepulveda.

CIA (Center for Insane Artist) GALLERY 618

Second St. (above the Art Center Frame Shop) Marnie Cooper, Kat Bones, Blake Reagan and Barry Post.

CLARKE HISTORICAL MUSEUM 240 E St. New

exhibits on Humboldt County in the 1940s.

CORNUCOPIA 425 Snug Alley.

Celebrating Felix Mendelssohn's birthday.

DALIANES TRAVEL 522 F St.

Rick Gustafson, photography.

DISCOVERY MUSEUM 612 G St.

Kids Alive, 6-9 p.m.

EUREKA BOOKS 426 Second St. Arthur Okamura,

silk screens, watercolors, illustrations and oils.

EUREKA THEATER 612 F St. "Art of the Theater," artwork. Artist reception 5-6 p.m.

EVOLUTION ACADEMY FOR THE ARTS (formerly Eureka Studio Arts) 526 Fifth St. An abstract art project. Participate to win a \$25 gift certificate.

F ST. FOTO GALLERY at Swanlund's Camera 527 F St. Jack Adams, Mathew Morgan and Don Forthhuber, photography.

GALLAGHER'S IRISH PUB 139 Second St. Ron Thompson, oil paintings.

GOOD RELATIONS 223 Second St. Taylor Csen, pencil oil paintings.

HSU FIRST STREET GALLERY 422 First St. "Just Cause," Donovan Clark and Jeremy Hara, sculpture, paintings, drawings and mixed media works. "Chronic Fatigue," Walter Early and

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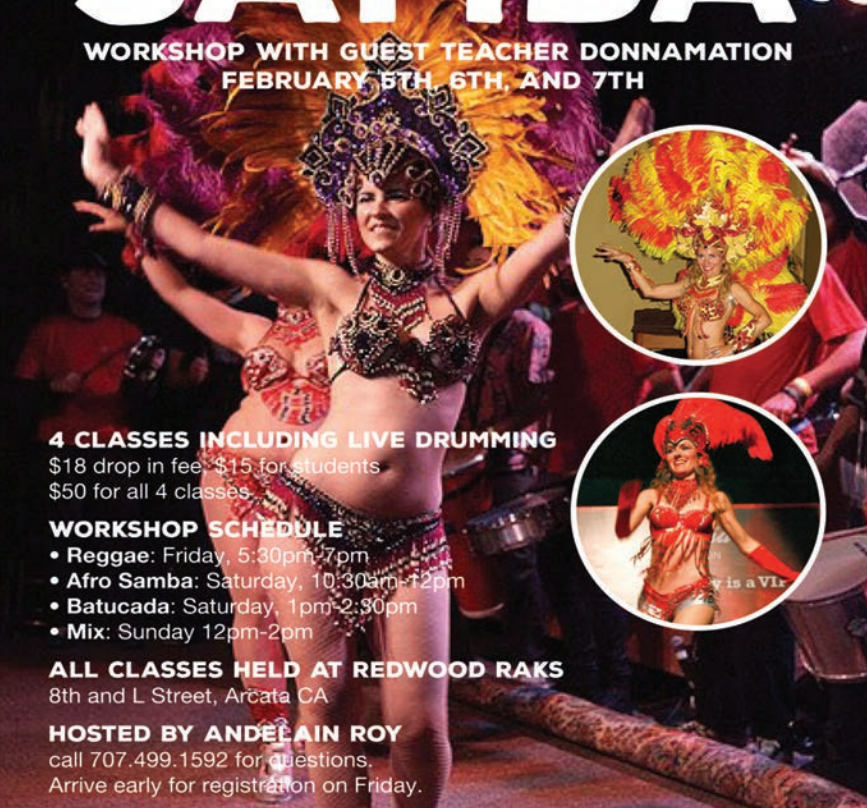
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Benjamin Funke, sculpture and photographs.
HUMBOLDT ARTS COUNCIL at the Morris Graves Museum of Art 636 F St. **Performance Rotunda:** Music by Calliope. **William Thonson Gallery:** "Into the Deep: Visions of Infinity," Lou Bermingham, artwork. **Knight Gallery:** "Spontaneity, Harmony and Peace," Mary Louise Anderson, watercolor, oil and mixed media. **Anderson Galleries:** "Trapeze Paintings," Clay Vorhes, paintings. **Homer Balabanis Gallery & Humboldt Artist Gallery:** Sanford Pyron, artwork.
HUMBOLDT BAY COFFEE 526 Opera Alley. Winn Wright, color pencil drawings, and watercolors. Music by Kenny Ray and the Mighty Rovers.
HUMBOLDT CHOCOLATE 425 Snug Alley. Rob Hampson, artwork.
HUMBOLDT HERBALS 300 Second St. Elizabeth Berrien, wire sculptures. Music by Leah Tamara.
HUMBOLDT REPUBLIC 535 Fourth St. Canvases of local screen printing.
JACK'S SEAFOOD RESTAURANT 4 C St., Suite B Richard Dunning, paintings.
KUTTHROAT BARBER LOUNGE 415 Opera Alley. Jackson Falor-Ward, artist.
THE LITTLE SHOP OF HERS 416 Second St. Philip Shuman, drawings.
LIVING THE DREAM ICE CREAM 1 F St. Seana Burden, glitter art.
THE LOCAL 517 F St. Neil Kemper, assemblage and collage.
MARINE APPLIED RESEARCH AND EXPLORATION 321 Third St. HD marine submersible photography.
OLD TOWN ANTIQUE LIGHTING Second and F streets. John Palmer, landscape oil paintings.
OLD TOWN ART GALLERY 417 Second St. "Self Portraits," various artists. Julie Sessa, pottery and watercolor paintings.
OLD TOWN COFFEE and CHOCOLATES 211 F St. Sweet Evergreen Woodsigns and Design Company, and Zane Middle School. Music by Lizzy and the Moonbeams.

THE PHILOSOPHER'S STONE GALLERY 218 F St. Marisa Kieselhorst, watercolors.
PIANTE 620 Second St. Regina Case and John King, artwork.
PRIMATE TATU 505 H St. Michael Arneson, artwork.
RADIANT LIVING GALLERY 325 Second St., Suite 302 Connie Breedlove, drawings.
RAMONE'S 209 E St. Karen Merry, watercolor, pen & ink.
REDWOOD ART ASSOCIATION 603 F St. 60th Redwood Art Association Judged Exhibition.
REDWOOD CURTAIN THEATRE 220 First St. "Egyptian Death Masks," Kylah Rush's 6th grade Freshwater School class.
REDWOOD MUSIC MART 511 F St. Music by Winema Winds.
ROSE'S BILLIARDS 535 Fifth St. Music by DJ Crazy Music Company.
SEAMOR'S 418 Second St. "Ugly Buddies," Dorian Daneau, handmade monster dolls.
SHIPWRECK! Vintage and Handmade 430 Third St. "Shipwreck with Spectator," Nicole Kita, print media.
SIDEWALK GALLERY at Ellis Art and Engineering 401 Fifth St. "Divas," Kelly Alaniz.
SMUG'S PIZZA 626 Second St. Brandon Garland, pen and ink.
STEVE AND DAVE'S First and C Streets. Barry Evans, photography. Music by Dr. Squid.
STONESTHROW BOUTIQUE 423 F St. Tony Williams, photos on canvas.
STRICTLY FOR THE BIRDS 123 F St. Gary Bloomfield, artwork.
STUDIO 424 424 Third St. Nicole Jean Hill, photography.
TAILOR'D NAILS AND SPA 215 Second St. Rob Hampson, artwork.
TRUCHAS GALLERY/LOS BAGELS 403 Second St. "Return to Humboldt," Steven Lemke, pastels and "Solid in Humboldt," Linda Erickson, garden art.

SAMBA..

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Table Talk

Hum Plate Roundup

By Jennifer Fumiko Cahill

tabletalk@northcoastjournal.com

Pile On

If the wall-to-wall Betty Boop décor (down to a tacked-up pair of socks) doesn't give it away, the sign exclaiming that pizza fries with meatballs and cheese are back should clue you in that **Deb's Great American Hamburger Company** (3340 Redwood Drive, Redway) is not about subtlety. Good thing, too.

You will be grateful for the more-is-more aesthetic untethered to trends or changing theories about "nutrition" when the fast and focused young woman from the counter finds your little, red vinyl-covered table and puts down your hefty Western burger (\$9.47). The patty itself is a beast — thick and browned under a swath of melted cheese — on a white bun with a crisp onion ring and bacon. And bacon. Languid, brick red slices, salty and just-chewy-enough, drape out over the sides to taunt those who ordered the simple cheeseburger, pleasingly old-fashioned as it is (\$8.52). In fact, there's enough of the stuff that snaking a piece from my husband's burger did not leave me hitchhiking home from Redway.

Heal Thyself

How's your cold? Just kidding. No one cares. You missed getting sick when everyone else was coughing and sneezing, and now that your friends and co-workers are healed up, they have no sympathy for you. Fine. You can drown your sorrows in more canned soup and cough syrup or you can drag yourself to a corner table — away from other customers, Typhoid Mary — at **Pho Lan Phuong** (1709 Fifth St., Eureka) and order the hot and spicy beef noodle soup (\$9.75).

Don't be frightened by the color of the chili oil or the red letters on the menu; it's not crazy spicy. In fact, there's just enough heat in the lemongrass broth to help you fake the glow of health. Toss in the sprouts and squeeze the lime in there with a couple of jalapeno slices, and

breathe in the scent of the cilantro. It's not terribly salty, so if you feel the need to paint the town red with that squeeze bottle of Sriracha or other condiments, you go ahead. There are thick, comforting rice noodles, slices of beef shank and soft hunks of tendon. Hey, collagen-rich tendon is supposed to be good for your skin, and you need something to lord over those insufferable healthy people.

Spoiling Your Meat

When America was just starting to wring its apron over whether chickens should be caged or cattle fed on grass, Japan was already deep into the business of spoiling its livestock, massaging cows and feeding them beer to produce *wagyu*, or Kobe beef as it's known here. The porcine equivalent is *kurobuta* (meaning "black pig"), a heritage breed of hog originally from England, living and eating better than you did in your first apartment. The relaxed beasts produce succulent, marbled meat.

Abruzzi (780 Seventh St., Arcata) keeps the pampering going in its herb crusted *kurobuta* pork loin with Marsala cream sauce (\$28). The meat is cooked to a blushing medium rare — perfectly safe, but order it on the medium side if it's going to throw you off — which is enough to warm up that marbling and bring out the sweet flavor without overcooking. The peppery rind of fat is to be enjoyed and will chase away all memory of the leathery slabs once marketed as "the other white meat." All this sits atop springy sautéed chanterelle mushrooms, greens, firm white beans and fingertip-sized chunks of pancetta, browned and nicely salty. These accompaniments are a pleasure on their own, but the herby Marsala sauce provides a balance to the slightly bitter greens, and you'll appreciate it when swiping up the last of it with a slice of pork and a mushroom speared on your fork. And there you are, a sated, relaxed and slightly marbled beast yourself. ●



A lesson in classics at Deb's.
Photo by Jennifer Fumiko Cahill



Spicy beef noodle soup for the soul.
Photo by Jennifer Fumiko Cahill



Black pig cooked pink.
Photo by Jennifer Fumiko Cahill



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Half a League From Stardom

By Andy Powell

thesetlist@northcoastjournal.com

I've been told by more than a few people to check out the 2013 documentary *20 Feet From Stardom*. Winner of an Academy Award, the film is about a few singers with tremendous voices who played the role of "backup singer" to many bands over the decades. I'm still unclear what's taken me so long to view this film as I'm almost guaranteed to enjoy it. What strikes me as most interesting (after viewing the trailer) is the fact that for every rock/music "star," there are multiple nameless and faceless musicians just as talented playing supporting roles. Since the Super Bowl is upon us this weekend, maybe I'll throw in a football reference to explain.

For every Peyton Manning, there are offensive linemen whose job it is to keep Peyton from having his clock cleaned during each play. Now I know there are some die-hard Broncos fans who could name each of these beefcakes, but most of us keep our eyes on the QB and often forget that these spandex-clad refrigerators on legs are what keep Peyton's brain from sloshing around in his skull. That's probably the best I can do for a football reference. Back to music ...

We've all heard The Rolling Stones' song "Gimme Shelter." Most of us can point out Mick and Keef; some of us can go deeper and name Bill and Charlie as well. But one name that might not be as well-known is Merry Clayton — the vocal powerhouse that joined Mick on that song and provides the emotional highlight. If you've been lucky enough to see The Stones live, you may have been lucky enough to hear Lisa Fischer "backing" Mick on stage on this same song. Both women are featured in the above-mentioned documentary. Only one, however, will be in Arcata on Tuesday, and as her star rises, she may be getting a bit closer than 20 feet.

Friday

Ryan Davidson returns to Humboldt for a two-show attack (more below). You may recall that Ryan brought his "Americana/Irish storytelling songs" to our neck of the

woods a few months. He must have done alright, as he's already back at Dead Reckoning Tavern in Arcata, for free at 7 p.m.

Following the Irish theme, up in Westhaven local bouzoukist/flautist **Seabury Gould** and fiddler (violinist?) **Evan Morden** will be playing traditional Irish/Celtic music. I'm alerted that both Seabury and Evan have jammed in pubs back in Éire. Consider me jealous. Less far away, and less pubby, the Westhaven Center for the Arts hosts these two hibernophiles at 7 p.m. Sliding scale cover from \$5-\$15.

Get rhythm tonight at Humboldt Brews with **Cash'd Out**, a Johnny Cash tribute band. With the blessing of the Cash family, these fellas are the real deal and give you a taste of the boom-chicka-boom. After checking out some videos online, it sure as hell sounded like Luther and Johnny were playing. 9:30 p.m. show time and for those that dress in all black, only \$15 to get in. (Same price for everyone else.)

Saturday

It's unclear whether or not reggae/dub ambassadors **Stick Figure** are playing The Mateel for Bob Marley's birthday, or if it just happens to be Nesta's b-day. Either way, celebrate away in Redway. Opening the show will be South Bay Area reggae band **Fortunate Youth** and, from Arizona, rock/funkers **Katastro**. \$20 to get into this 9 p.m. show.

If you're looking for trouble, might I recommend The Siren's Song Tavern? There you'll find local Americana bar rockers **The Trouble** joined by **No Pardon** after Arts Alive!, so probably around 9 p.m. and for free.

A name I know, but whose music I've been unfamiliar with, is the **Ryan Montbleu Band**. It struck me as something that KHUM might play, and, listening to a few tracks, I got the singer-songwriter kind of vibe with a bit of a Brett Dennen vocal delivery. (I'm not sure which is the chicken and which the egg is in regards to these two fellows.) It'll be a full band at Humboldt Brews at 9:30 p.m. and \$15.

For you late night rockers, The Alibi's



Lisa Fischer and her band Grand Baton play the Van Duzer Theater on Tuesday, Feb. 9 at 8 p.m. Photo courtesy of the artist

the place to be. **Ryan Davidson** plays another night joined this time by local high-altitude-peyote-desert rockers **Opossum Sun Trail**. \$5 and 11 p.m. show time for this one.

Sunday

If the Super Bowl isn't your thing and you want to honestly, for once, tell your folks you went to church, today's your day. Head over the Lutheran Church of Arcata (I am told this is at 151 East 16th St.) to hear **The Chamber Players of the Redwoods** perform music by Ludwig van, Arutiunian, Fiala and Ellington (Duke, I presume.) Music at 2 p.m. and donations are welcome, but not mandatory.

Later, the Redwood Jazz Alliance's Spring Season gets movin' with guitar phenom **Rez Abbasi** at the Arcata Playhouse at 8 p.m. Working his chops in high school covering Rush, Led Zeppelin, and King Crimson songs, he eventually made a move into jazz/rock fusion and now with the **Rez Abbasi Acoustic Quartet**, which brings a new view to classic songs by the likes of Weather Report and Mahavishnu Orchestra with guitar, vibes, bass and drums. Students get in for \$10, the rest of us old timers, \$15.

Tuesday

Now only a few inches from stardom herself, **Lisa Fischer** will be at the Van Duzer Theater with her band **Grand Baton**. HSU students get a deal with a \$10 ticket price. 8 p.m. showtime and \$46 for the rest of us.

Wednesday

I mentioned Bob Marley's birthday a bit earlier (Feb. 6), and if you couldn't celebrate then, well, the 10th is just as good. **The Meditations** will be bringing some of their roots reggae to celebrate the man at Humboldt Brews at 9 p.m. Bring \$20 to get into this celebration. ●

Full show listings in the Journal's Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

Andy Powell is a congenital music lover and hosts The Night Show on KWPT 100.3 FM weeknights at 6 p.m. His favorite stars are those that collapse under their gravitational mass.



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Music & More

ARCATA & NORTH

VENUE	THUR 2/4	FRI 2/5	SAT 2/6	SUN 2/7	M-T-W 2/8-10
THE ALIBI 744 Ninth St., 822-3731			Opossum Sun Trail, Ryan Davidson (cinematic western, Americana-Irish) 11pm \$5		
THE ARCATA PLAYHOUSE 1251 Ninth St., 822-1575		<i>Threepenny Opera</i> (theater) 8pm \$ \$18, \$16	<i>Threepenny Opera</i> (theater) 8pm \$ \$18, \$16	<i>Threepenny Opera</i> (theater) 2pm \$18, \$16, Rez Abbasi Acoustic Quartet (jazz) 8pm \$15, \$10	
ARCATA THEATRE LOUNGE 1036 G St., 822-1220	Ocean Night ft. Cradle of Storms and Chasing Ice 6:30pm \$3 donation	<i>The Man Who Fell to Earth</i> (film) 8pm \$5		Superbowl 50 3:30pm Free w/\$5 food/bev	[W] Sci-Fi Night ft. 984 Prisoner of the Future 7:30pm Free w/\$5 food/bev
BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free			Jazz Jam 6pm Free	[M] Trivia Night 7:30pm Free [W] Local Music Showcase 7pm Free
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way	Inked Hearts Tattoo Expo 11am-10pm \$10/day, \$30/4-day Wave: Karaoke w/KJ Leonard 8pm Free	Inked Hearts Tattoo Expo 11am-10pm \$10/day, \$30/4-day Wave: The Undercovers (covers) 9pm Free	Inked Hearts Tattoo Expo 11am-10pm \$10/day, \$30/4-day Wave: Safety Orange (beach rock) 9pm Free	Inked Hearts Tattoo Expo 11am-6pm \$10/day, \$30/4-day Wave: Karaoke w/KJ Leonard 8pm Free	
CENTRAL STATION 839-2016 1631 Central Ave., McKinleyville	Open Mic w/Jimi Jeff 8pm Free	Karaoke w/Rock Star 9pm Free	The 707 Band ('70s funk, rock)		
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad	All In DJ Night 9pm Free	Triple Junction (blues, funk) 9pm Free	Headshine (acoustic reggae) 9pm Free	Karaoke w/DJ Marv 8pm Free	[T] Karaoke w/DJ Marv 8pm Free
CLAM BEACH TAVERN 839-0545 461 Central Ave., McKinleyville		Kindred Spirits (bluegrass) 10pm Free		SUPER Bowl 50 Party 3pm Free	[M] Savage Henry Stand up Mondays 9pm Free [T] Open Mic w/Mike 7pm Free [W] Karaoke 9pm Free
CRUSH 1101 H St., 825-0390			Republican Debate 5pm Free	Superbowl 50 3pm Free	
FiELDbROOk FAmILy MArkET 4636 Fieldbrook Road, 839-0521		Friday Night Music w/Frogbite (eclectic originals) 7:30pm Free	Acoustic Night Saturdays 6pm Free		
HUMBOLDT BREWS 856 10th St., Arcata 826-2739		Cash'd Out (Johnny Cash tribute) 9:30pm \$15	Ryan Montbleu Band (soulful singer/songwriter) 9:30pm \$15	Superbowl 50 Party 3pm Free	[W] The Meditations (roots reggae) 9pm \$20
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 826-3928					[T] Ms. Lisa Fischer & Grand Baton (soul, jazz, rock) \$46, \$10 HSU [M] More VibeZ Monday (reggae, dancehall) 10pm \$5 [T] Spelling Beer 2 9pm TBA 1s and 2s Day (hip-hop) 10:30pm \$2 [W] Jazz Night 6:30pm Free
THE JAM 915 H St., Arcata 822-4766	Black Star Safari, The Velvet Touch (rock, funk, soul) 9pm \$5	Dusty Green Bones Band (newgrass) 9pm TBA	How to Love This Life (spoken word) 7:30pm \$10, \$8, \$12 with book	Superbowl Party noon-7pm DGS Sundaze (EDM DJs) 10pm \$5	




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Arcata • Blue Lake • McKinleyville • Trinidad • Willow Creek *Eureka and South on next page*

VENUE	THUR 2/4	FRI 2/5	SAT 2/6	SUN 2/7	M-T-W 2/8-10
LARRUPIN 822-4766 1658 Patricks Point Dr., Trinidad		Blue Lotus Jazz 6pm Free		Tim Randles (piano jazz) 6pm Free	[W] Aber Miller (jazz) 6pm Free
LIBATION 761 Eighth St., Arcata 825-7596	Bryan Sackett (guitar) 7pm Free	Claire Bent (jazz) 7pm Free	Baron Wolfe & Duane Isaacson (jazz) 7pm Free		[T] Buddy Reed (blues) 7pm Free
LIGHTHOUSE GRILL 355 Main St., Trinidad 677-0077				Kelly Busse and Harry Smith (jazz) 5pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake		Object Heavy (funk) 9pm Free	Karaoke 9pm Free	Superbowl 3pm Potluck (food) 6pm Free	[W] Cribbage Tournament 7pm \$5
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-5680	Blake Ritter & Friends (fiddle tunes) 6pm Free	No Covers (jazz) 6pm Free	Jenni & David and the Sweet Soul Band (funky blues) 6pm Free		[T] ATF Trio (jazz) 6pm Free [W] Piet Dalmolen (guitar) 6pm Free
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187	Trivia Night 7pm Free	Open Mic w/Jeremy Bursich 7pm Free			[T] Human Expression Open Mic 7pm Free [M] Dancehall Mondayz w/Rudelson 8pm \$5
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					
REDWOOD CURTAIN BREW 550 S G St. #6, Arcata 826-7222	Piet Dalmolen (guitar) 8pm Free	Absynth Quartet (indie jam grass) 8pm Free	The Yokels (rockabilly) 8pm Free		[W] Let's Get Sea Star Wasted! w/Thursday Night Bluegrass 7pm Free [M] Miniplex: <i>Theeb</i> (film) 6:30pm \$8, Chinese New Year (Miniplex Open House) 9pm Free [T] Miniplex: <i>Theeb</i> (film) 6:30pm \$8, Fat Tuesday (Nola funk/oldies on the Hi-Fi) 9pm Free [W] Bowie Night w/ <i>Man Who Fell to Earth</i> 7pm \$6.50, <i>The Hunger</i> 9pm \$6.50
RICHARDS' GOAT TAVERN 401 I St., Arcata 630-5000	Miniplex: <i>Mustang</i> (film) 6:30pm \$8	Miniplex: <i>Theeb</i> (film) 6:30pm \$8	Miniplex: <i>Boy & the World</i> (film) 4pm \$6.50 GOP Debate 6pm Free Whatever Forever w/DJ Pandemonium Jones 10pm Free	Miniplex: <i>Boy & the World</i> (film) 4pm \$6.50, <i>Theeb</i> (film) 6pm \$8 Karaoke 9pm Free	
SIDELINES 732 Ninth St., Arcata 822-0919	Rudelson Sound (DJ) 10pm TBA	DJ Music 10pm TBA	Sidelines Saturdays w/Rudelson 10pm TBA		
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville		707 Unplugged ('70s funk, rock) 9pm Free	Samba NaChuva w/Con Ritmo 9pm \$10	Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free
TOBY & JACKS 764 Ninth St., Arcata 822-4198		Hip-hop DJs 9pm Free	DJ Music 10pm Free		[W] Reggae Wednesdayz w/Rudelson 10pm Free
WESTHAVEN CENTER FOR THE ARTS 501 S. Westhaven Drive 677-9493		Seabury & Evan (Irish/Celtic) 7pm \$5-\$15 sliding			

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VENUE	THUR 2/4	FRI 2/5	SAT 2/6	SUN 2/7	M-T-W 2/8-10
BAR-FLY PUB 91 Commercial St., Eureka 443-3770		Bar-Fly Karaoke 9pm Free	DJ Saturdays 10pm Free		[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO 11 Bear Paws Way, Loleta 733-9644	Karaoke w/Casey 8pm Free	Dr. Squid (rock, dance hits) 9pm Free	1st Saturday Dance Party (DJ music) 9pm Free		
CALICO'S CAFE 923-2253 808 Redwood Drive, Garberville			Frisky Brisket (violin, guitar) 7pm Free	Jen Tal and The HuZBand (acoustic duo) 6:30pm Free	
CHAPALA CAFE 201 Second St., Eureka 443-9514		The Tumbleweeds (cowboy) 6pm Free	The Tumbleweeds (cowboy) 6pm Free		
CURLEY'S FULL CIRCLE 460 Main St., Ferndale 786-9696					[W] Open Mic Night 7pm Free [T] Anna Banana (blues comedy) 8pm Free [W] Comedy Open Mikey 9pm Free
EUREKA INN PALM LOUNGE 518 Seventh St., 497-6093	Brian Post & Friends (jazz) 6pm Free, Salsa 9pm Free				
EUREKA THEATER 612 F St., 442-2970		Labyrinth (film) 7:30pm \$5	Volunteer Orientation Mixer 6pm-9pm		
FERNBRIDGE MARKET RIDGETOP CAFE 786-3900 623 Fernbridge Dr., Fortuna					[M] Open Mic 5:30pm Free
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free	Papa Paul (folk) 6pm Free	Chuck Mayville (classics) 6pm Free		
LIL' RED LION 1506 Fifth St., Eureka 444-1344			Karaoke w/DJ Will 9pm Free	Karaoke w/DJ Will 8pm Free	[T] Pool Tournament 7pm \$5
MATEEL COMMUNITY CENTER 59 Rusk Lane, Redway 923-3368			Stick Figure w/Fortunate Youth and Katastro (reggae/ dub) 8pm \$20 advance		
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600			Lizzy & The Moonbeams (blues, funk, rock) 6:30pm Free		[W] Open Mic w/Mike Anderson 7pm Free
PEARL LOUNGE 507 Second St., Eureka 444-2017	Gabe Pressure (DJ music) 9pm Free	Rudelson (DJ music) 10pm Free	Itchie Fingaz (DJ music) 10pm Free		
THE PLAYROOM 1109 Main St., Fortuna 725-5438	Comedy Open Mic 9pm Free				

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Guitarist Rez Abbasi plays the Arcata Playhouse on Sunday, Feb. 7 at 8 p.m.

VENUE	THUR 2/4	FRI 2/5	SAT 2/6	SUN 2/7	M-T-W 2/8-10
ROSE'S BILLIARDS 535 Fifth St., Eureka 497-6295		Ultra Class Fridays (DJ music) 10pm Free			[T] 8 Ball Open BCA Tournament 7:30pm \$10
SHAMUS T BONES 191 Truesdale St., Eureka 407-3550		Country Rock Night 10pm Free	SNL (Saturday Night Life) 10pm Free	Salsa Night w/DJ Pachanguero 9:30pm Free	
SHOOTERS OFF BROADWAY 1407 Albee St., Eureka 442-4131			DJ Wise Guy Take Over 10pm Free	Super Bowl Pot Luck 3pm Karaoke 9pm Free	
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	Humboldt Poetry Slam ft. Therese Fitzmaurice 7:30pm \$5		The Trouble, No Pardon (Americana, folk rock) 9pm \$5 donation		[M] Phantom Wave Presents: Hardware Test 8pm Free
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244		The Eureka Pizza Council (jazz) 8:30pm Free	Buddy Reed and the Rip It Ups (blues) 10pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGO (jazz) 7pm Free
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			[M] Tony Roach (croons standards) 6pm Free

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Calendar

February 4 - February 11, 2016



Mark Larson



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File

Lace up your shoes and cross the river in one of the most picturesque runs in California. **The Trinidad to Clam Beach Run honoring Ford Hess** takes place **Feb. 6** in **Trinidad** with 8 ¾- and 3-mile runs starting at **12:30 p.m.**, and a 5 ¼-mile run starting at **1:30 p.m.** (\$25-\$35).

Got a big game party planned this Sunday? Not sure what to do with the kids? Drop them off at the **Superbowl Kids Luau Party** at the **Redwood Discovery Museum**, **Feb. 7** from **3 to 8 p.m.** (\$35, \$25 members, discounts available). While you're shouting at the TV, they can play games, do crafts, explore science stuff and have dinner. All supervised. Space is limited, so call 443-9694 to reserve a spot.

Ride, ride, ride, let it ride. What are we talking about? The tide, baby. It's the biggest of the season. Join the adventure seekers at **Humboldt Bay Aquatic Center** on **Feb. 6** at **12:30 p.m.** to **Ride the King Tide** (\$30, \$20 HSU). Some kayaking experience required. Call 826-3357 for more information.



The Man Who Fell to Earth

Far Above the World

David Bowie was a man who did it all — music, acting, fashion, art — influencing every industry he touched. He showed us it was OK to be odd, colorful and different with his unabashed self and ever-changing personas. His self-awareness was the compass from which his inventions and reinventions sprang forth and returned.

A few spots are paying tribute to the charismatic and enigmatic icon. Catch his acting debut in **The Man Who Fell to Earth**, playing at the **Arcata Theatre Lounge** on **Friday, Feb. 5** at **8 p.m.** (\$5) and at **Richards' Goat Tavern & Tea Room** on **Wednesday, Feb. 10** at **7 p.m.** (\$6.50). Also at the Goat that night, see him epitomize cool in **The Hunger**, a film I watched at least half a dozen times as a teen, crammed into the tiny rooms you could rent at Old Town Billiards and Video with my art house friends back in the '80s. It's on at **9 p.m.** and also runs a well-worth-it \$6.50.

On the lighter side, the **Eureka Theater** is showing Jim Henson's fantasy classic **Labyrinth** on **Friday, Feb. 5** at **7:30 p.m.** (\$5). You can take the kids to this one. Just keep them close — the Goblin King gets a little grabby.

Bowie was a star posing as a man posing as a starman. He transcended labels, genres and the ordinary, leaving a legacy as eternal and expansive as the cosmos to which he devoted much of his art.

— Kali Cozyris



Courtesy of the Discovery Museum

Plunge-worthy

The largest fundraiser of the year for the **Redwood Discovery Museum** is also one of Humboldt's wildest and silliest events — which is saying something. Teams with themes and solitary dignitaries all dive into the frigid waters of the bay to raise money for the interactive educational children's museum at the **Perilous Plunge** on **Saturday, Feb. 6** at **10 a.m.** on **Eureka's waterfront** (free to watch). Previous plungers have included a Dr. Seuss, a red fish and a Thing 1 and Thing 2. Now in its 15th year, spectators can cheer on this year's teams including The Wet Pussycats, Dunkin' Don is Nuts, Recreation Rockstarz and others.

Before they get wet and wild, participants proudly **parade** from Old Town to the boardwalk, and you don't want to miss that. The parade starts at **9:30 a.m.** The festivities include awards for best team jump, best costume and the coveted King and Queen titles. This year, there's no after party but the night before the plunge, plungers and their friends can enjoy an all-ages **Open House Beach Party** with food and drink at the **Discovery Museum** on **Friday, Feb. 5** at **6 p.m.** (\$15 for non-plungers).

Go on, take the plunge or shell out for someone else's leap. Either way, you're helping support one of the community's best youth resources. Monies from the splashy event enable the museum to develop new exhibits, programs and camps, provide scholarships and free programs to the community, as well as maintain low admission and membership rates. That's worth getting your feet wet.

— Kali Cozyris

4 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

MOVIES

Mustang. 6:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. A portrait of five free-spirited teenaged sisters in northern Turkey. \$6.50-\$8. www.richardsgoat.com.

Ocean Night ft. Cradle of Storms and Chasing Ice. 6:30 p.m. Arcata Theatre Lounge, 1036 G St. The story of one man's mission to change the tide of history by gathering undeniable evidence of our changing planet. \$3 donation. www.arcatatheatrelounge.com.

MUSIC

Roy Zimmerman. 7:30-9 p.m. Humboldt Unitarian Universalist Fellowship, 24 Fellowship Way, Bayside. Ninety minutes of rhyme-intensive, original comic songs. \$20 donation, or pay what you can. office@huuf.org. www.huuf.org. 822-3793.

SPOKEN WORD

Humboldt Poetry Slam. 7:30 p.m. The Siren's Song Tavern, 325 Second St., Eureka. Spoken word open mic featuring Therese Fitzmaurice, author of *How to Love This Woman*. Music by DJ Goldylocks and live art by Erika Diaz. \$5. areasontolisten@gmail.com. www.areasontolisten.com. 502-0162.

THEATER

Don't Be Afraid, it's Only Commedia!. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. Dell'Arte International's first-year students celebrate the comic form known for its physical play, masks, topical humor and improvisation. Not appropriate for children. Reserve tickets. Donation. www.dellarte.com. 668-5663 ext. 5.

Threepenny Opera. 8 p.m. Arcata Playhouse, 1251 Ninth St. Ferndale Repertory partners with the Arcata Playhouse for the dark Brecht-Weill musical, directed by Leira Satlof with musical direction from Jill Petricca. \$18, \$16. info@ferndalerep.org. www.ferndale.org. 786-5483.

EVENTS

Humboldt Steelhead Days. Countywide, locations throughout Humboldt County, Humboldt. Two weeks of fishing on the Mad, Eel and Trinity rivers. Also includes educational events, expos, food tastings, theater and film. www.humboldtsteelheaddays.com.

Inked Hearts Tattoo Expo. Blue Lake Casino, 777 Casino Way. Featuring tattoos, contests, live shows and vendors. \$10 daily pass, \$30 four-day access. www.bluelakecasino.com.

FOR KIDS

Potter for Change. First Thursday of every month, 3:30-5:30 p.m. Fortuna Library, 753 14th St. Listen to live readings each week from the second Harry Potter book, *Harry Potter and the Chamber of Secrets*, play Harry Potter games and activities, hold discussions about the book and enjoy snacks. Free.

Young Discoverers. 10:30 a.m.- noon Discovery Museum, 612 G St., Eureka. Stories, crafts, songs and dance for children ages 3-5. Call ahead. \$5, \$3 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

MEETINGS

Beekeeping 101. 6:30-8 p.m. Humboldt County Agriculture Department, 5630 South Broadway, Eureka. Jamie Bucklin leads a slide presentation and discussion on the basics. Discuss management practices and bee care. \$2. QMR_Bees@ iCloud.com. 845-3362.

Redwood Coast Woodturners. First Thursday of every month, 6-8:30 p.m. McKinleyville Middle School, 2285 Central Ave. All interested in are welcome, beginner to pro, no experience needed. Free. 499-9569.

ETC

Heads Up This Week. Volunteer opportunities, contests and more.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and fiber artists to socialize and work on projects. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

5 Friday

ART

Just Make It! Night. 5-8 p.m. Arcata High School, 1720 M St. Join Arcata Arts Institute and the Innovation Design Institute for mask making, robots, puppets, LED circuits, cartooning and more. Dinner from Alma's Mexican Food Truck available. Free. arcataartsinstitute@gmail.com. artsinstitute.net. 825 2400.

DANCE

Folklorico Dance Workshop. 6:30 p.m. Humboldt State University, 1 Harpst St., Arcata. In Room KA202. Dances of Nuevo Leon and Veracruz will be taught by guest instructor Horacio Heredia. For further information email ldm24@humboldt.edu. Free.

World Dance Party. 7:45-11 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. The Humboldt Folk Dancers invite the public to an easy dance lesson and dance music by the Chubritza. All ages and dance levels welcome. \$5. ckurumada@aol.com. www.humboldtfolk-dancers.org. 496-6734.

MOVIES

Labyrinth. 7:30 p.m. Eureka Theater, 612 F St. In honor of the late, great, David Bowie, a one-time only screening of this fantasy classic. \$5. www.theeurekatheater.org.

The Man Who Fell to Earth. 8 p.m. Arcata Theatre Lounge, 1036 G St. David Bowie stars as an alien who crash lands on Earth, seeking water for his planet in this 1976 film directed by Nicolas Roeg. \$5. www.arcatatheatre.com.

Theeb. 6:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. The story of a Bedouin boy in 1916 tagging along with his older brother who's escorting a British officer across the desert. \$8. www.richardsgoat.com.

MUSIC

Seabury & Evan. 7 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Irish and Celtic tunes featuring guitar, bouzouki, flute and fiddle. \$5-\$15 sliding.

THEATER

Das Barbecu. 8-11 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Five actors playing more than 30 outrageous characters in this musical comedy set in Texas. \$18. ncrt@gmail.com. www.ncrt.net. 442-6278.

Being Frank in a Paranormal Universe. 8 p.m. Garber-

ville Theater, 766 Redwood St. SoHum theatrical troupe Pure Schmint presents this original musical comedy about love, life, death and afterlife. Featuring music by the SoHum Girls Band. \$20, \$10.

Don't Be Afraid, it's Only Commedia! 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See Feb. 4 listing.

Threepenny Opera. 8-10:30 p.m. Arcata Playhouse, 1251 Ninth St. See Feb. 4 listing.

EVENTS

Humboldt Steelhead Days. Countywide, Locations throughout Humboldt County, Humboldt. See Feb. 4 listing.

Inked Hearts Tattoo Expo. Blue Lake Casino, 777 Casino Way. See Feb. 4 listing.

Open House Beach Party. 6 p.m. Discovery Museum, 612 G St., Eureka. Party before the Perilous Plunge with food and non-alcoholic drinks. All ages. \$15. www.discovery-museum.org.

FOR KIDS

Baby Read & Grow. First Friday of every month, 11-11:45 a.m. Eureka Main Library, 1313 Third St. Families are invited to share songs, finger plays, bouncing games, and short stories with their babies and toddlers. Designed for children from birth through 24 months old. Free. 269-1910.

Children's Clothing Swap. First Friday of every month, 3:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Bring your kids' hand-me-downs to trade for fresh new-to-you's. Sizes newborn-12, in wearable condition (no holes, stains, etc.). Free. facebook.com/ChildrensClothingSwapArcata. 985-8084.

FOOD

Sacred Heart Church Fundraiser Dinner. 6 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Help raise money for repairs and restoration. Full Mexican dinner by Rita's, music, drinks raffles and silent auction. \$12, \$6. www.redwoodacres.com.

MEETINGS

Community Choice Aggregation. 5:30 p.m. Plaza View Room, Eighth and H streets, Arcata. Redwood Coast Energy Authority helps community members learn more about community choice programs. Free.

OUTDOORS

Marsh Exhibit Presentation. 1 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. John DeMartini kicks off a series of free one-hour presentations sponsored by Friends of the Arcata Marsh. Free. 826-2359.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. 407-9222.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

6 Saturday

DANCE

Folklorico Dance Workshop. 7 p.m. Humboldt State University, 1 Harpst St., Arcata. See Feb. 5 listing.

MOVIES

Boy & the World. 4 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. *Boy & the World* is a 2013 Bra-

zilian animated film written and directed by Alé Abreu and nominated at the 88th Academy Awards for Best Animated Feature. \$6.50. www.richardsgoat.com.

MUSIC

Calliope. 6-9 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Circus-inspired music with keyboard, clarinet, percussion, tuba, bass and trombone. Free. janine@humboldtarts.org. www.humboldtarts.org. 442-0278.

Stick Figure. 8 p.m. Mateel Community Center, 59 Rusk Lane, Redway. With Fortunate Youth and Katastro. Reggae/Dub. \$20 advance. www.mateel.org.

SPOKEN WORD

How to Love This Life. 7:30 p.m. The Jam, 915 H St., Arcata. Selections from Therese FitzMaurice's poetry collection, *How to Love this Woman*, are accompanied by movement and music. \$10, \$8, \$12 with book. area-sontolisten@gmail.com. 498-3564.

THEATER

Das Barbecu. 8-11 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Feb. 5 listing.

Being Frank in a Paranormal Universe. 8 p.m. Garberville Theater, 766 Redwood St. See Feb. 5 listing.

Don't Be Afraid, it's Only Commedia! 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See Feb. 4 listing.

Threepenny Opera. 8-10:30 p.m. Arcata Playhouse, 1251 Ninth St. See Feb. 4 listing.

ELECTIONS

GOP Debate. 6 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. The Republican hopefuls square off. Free. www.richardsgoat.com.

Republican Debate. 5-8 p.m. Crush, 1101 H St., Arcata. Watch the Republican Debate just before the New Hampshire primary. Play debate BINGO and win prizes. crusharcata@gmail.com. 825-0390.

EVENTS

Aqueerius Drag N' Ball. 5:30 p.m.-2 a.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Celebrity drag-themed dinner, entertainment and dance party. Proceeds benefit the Environmental Protection Information Center and Humboldt Pride. Costume contest. 18 and up. \$10. kelly@wildcalifornia.org. 822-7711.

Arts Alive. First Saturday of every month, 6-9 p.m. Art, and a heap of it. All around Old Town, Eureka. Free. www.eurekamainstreet.org. 442-9054.

The Great Gatsby Gala. 5:30-10:30 p.m. Celebration Boulevard, 107 5th Street, Eureka. Enjoy food, drinks, music, silent and live auctions and fun at this benefit for the Cuten-Ridgewood Student Foundation. \$40, \$75 for two. discoverthedecades@gmail.com. 498-6797.

Health, Wealth, Resource Fair. 10 a.m.-3 p.m. Bayshore Mall, 3300 Broadway, Eureka. St. Joseph Health Systems' annual Health, Wellness, and Resource Fair.

Humboldt Steelhead Days. Countywide, Locations throughout Humboldt County, Humboldt. See Feb. 4 listing.

Humboldt Steelhead Days Awards Dinner. 6-10 p.m. Sequoia Conference Center, 901 Myrtle Avenue, Eureka. Watch underwater footage of local steelhead and the competition photo slide show and feast on a Blackberry Bramble Tri-tip dinner. \$35 or free with Steelhead Days registration. HumboldtSteelheadDays.com.

Inked Hearts Tattoo Expo. Blue Lake Casino, 777 Casino Way. See Feb. 4 listing.

Perilous Plunge. 10 a.m. Eureka Boardwalk, Foot of F Street. Now in its 15th year, volunteers in wacky costumes jump into the bay to raise money for the

Discovery Museum. Parade begins at 9:30 a.m. at the corner of F and Third Streets. Free to watch.

Trinidad to Clam Beach Run. 12:30 p.m. Trinidad, Downtown. 8 ¾ mile, 5 ¾ mile and 3 mile races begin in Trinidad area and end at Clam Beach. \$25-\$35. trinidad-toclambeach@gmail.com. www.trinidadtoclambeach.com. 677-1610.

FOR KIDS

KEET's Kids Club. First Saturday of every month, 12-2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. This monthly workshop includes PBS Kid's programming, story time, tours of current art exhibitions and art activities. Each family takes home a free book. Free. www.humboldtarts.org. 442-0278 ext. 201.

Kids Alive. First Saturday of every month, 5:30-8 p.m. Discovery Museum, 612 G St., Eureka. This is a drop-off program for confidently potty trained children ages 3-12. Includes free play, arts and crafts and a snack. Call to reserve. Price may vary by number of participants. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Story Time. Every other Saturday, 11 a.m. Rio Dell Library, 715 Wildwood Ave. Stories, songs and games for early readers and parents. Free. riohumml@co.humboldt.ca.us. 764-3333. First Saturday of every month, noon. Willow Creek Library, State Routes 299 and 96. Introduce your preschooler to the fun of books. Free.

FOOD

Arcata High School Pancake Breakfast. 8-11 a.m. D Street Neighborhood Center, 1301 D St, Arcata. Enjoy breakfast and support AHS's Career & College Center. \$8, \$6. jitter@nohum.k12.ca.us. 498-2917.

Winter Farmers Market. 10 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Farm fresh produce, rain or shine. On G and Eighth streets. Free. outreach@humfarm.org. www.humfarm.org. 441-9999.

GARDEN

Winter in the Garden. 10 a.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. The Humboldt Rose Society holds a rose garden workshop and lecture on pruning, dormant controls, planting and more. Free. www.humboldtrose.org. 441-9409.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Led by Elliott Dabill. Free. 826-2359.

Audubon Society Arcata Marsh Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet the trip leader in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Tour leader is Tony Kurz. Free. www.rras.org/calendar.

COASST Beached Birds Training. 10 a.m.-4 p.m. College of the Redwoods Garberville Site, 286 Sprowl Creek Road. Help make a difference for the environment by counting and identifying bird carcasses that wash ashore on coastal beaches. No experience necessary. Free to attend, \$20 deposit for materials. coasst@uw.edu. www.coasst.org. 206-221-6893.

Hammond Trail Work Day. First Saturday of every month, 9-11 a.m. Hammond Trail, McKinleyville, McKinleyville. Work, clean and paint. Dress for work. New volunteers welcome. Changing locations each month. Contact for meeting place. sbecker@reninet.com. www.humtrails.org. 826-0163.

Continued on next page »

Calendar

Continued from previous page

Humboldt Coastal Nature Center Restoration. 9:30 a.m.-12:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Help restore the dune ecosystem on the Friends of the Dunes by removing invasive plants to make room for more native diversity. Tools, gloves and snacks provided. Please bring water and wear work clothes. Free. jess@friendsofthedunes.org. 444-1397.

Ride the King Tide. 12:30-2:30 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. Paddle against the current to warm up then chill out and ride back on the biggest tide of the season. \$30, \$20 HSU students. www.humboldt.edu/centeractivities. 826-3357.

Strawberry Riparian Restoration Volunteer Day. 10 a.m.-2 p.m. 215 Hiltons Rd., Orick, Orick. Help plant trees, remove invasive plants and mulch along Strawberry Creek. Snacks and lunch provided. All ages welcome. Free.

Winter Raptor Surveys. 8 a.m.-3 p.m. Countywide, Locations throughout Humboldt County, Humboldt. Loleta and Ferndale area. No experience or expertise is necessary. Schedule is tentative. shriekthree@gmail.com. 499-1146.

SPORTS

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Feb. 5 listing.

ETC

Volunteer Orientation Mixer. 6-9 p.m. Eureka Theater, 612 F St. Interested in volunteering for The Eureka Theater? Stop by the volunteer mixer and orientation for tours, training and popcorn. Free. www.theeurekatheater.org.

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

7 Sunday

LECTURE

Art Talk with Clay Vorhes. 2-3 p.m. Morris Graves Museum of Art, 636 F St., Eureka. The Sacramento-based painter discusses his Trapeze Painting show running through March 6 in the Anderson Gallery. \$5, \$2, Free for MGMA members. janine@humboldtarts.org. www.humboldtarts.org. 442-0278.

MOVIES

Boy & the World. 4 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Feb. 6 listing.

Theeb. 6 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Feb. 5 listing.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. Anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

Chamber Players of the Redwoods. 2 p.m. Lutheran Church of Arcata, 151 E. 16th St. The program will include music by Beethoven, Arutunian, Fiala and Ellington. Featuring music for brass quintet and violin and piano. Donations welcome.

Rez Abbasi Acoustic Quartet. 8 p.m. Arcata Playhouse, 1251 Ninth St. Fusion jazz guitarist Rez Abbasi with vibra-

phonist Bill Ware, bassist Stephan Crump and drummer Eric McPherson. \$15, \$10.

THEATER

Das Barbecu. 2-5 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Feb. 5 listing.

Being Frank in a Paranormal Universe. 2 p.m. Garber-ville Theater, 766 Redwood St. See Feb. 5 listing.

Threepenny Opera. 2-4:30 p.m. Arcata Playhouse, 1251 Ninth St. See Feb. 4 listing.

EVENTS

Inked Hearts Tattoo Expo. Blue Lake Casino, 777 Casino Way. See Feb. 4 listing.

FOR KIDS

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos and more complex pieces. Free with museum admission. redwooddiscoverymuseum@gmail.com. discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Superbowl Kids Luau Party. 3-8 p.m. Discovery Museum, 612 G St., Eureka. Potty-trained kids and up can enjoy Luau games, crafts, scientific exploration, free play, snacks and dinner with the game on. \$35, \$25 members, multiple kid discount available. info@discovery-museum.org. www.discovery-museum.org. 443-9694.

FOOD

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. (503) 828-7421.

Freshwater Grange Breakfast. First Sunday of every month, 8-11 a.m. Freshwater Grange, 49 Grange Road, Eureka. Enjoy buttermilk and whole-grain pancakes, eggs, ham, sausage and French roast coffee. Top your eggs with homemade salsa and cheese. \$6, \$4 for kids. 442-7107.

Pancake Breakfast. 8 a.m.-noon. Fieldbrook Grange, Fieldbrook Rd. Pancakes or toast, eggs, ham or sausage, coffee or tea and orange juice. Bake sale, raffle and silent auction. Fundraiser for the grange. \$5, \$4 kids 5-11, free for kids under 5.

OUTDOORS

COASST Beached Birds Training. 10 a.m.-4 p.m. River Lodge Conference Center & Commercial Kitchen, 1800 Riverwalk Drive, Fortuna. Help make a difference for the environment by counting and identifying bird carcasses that wash ashore on coastal beaches. No experience necessary. free, \$20 deposit for materials. coasst@uw.edu. www.coasst.org. 206-221-6893.

Dune Restoration. First Sunday of every month, 1-4 p.m. Lake Earl Wildlife Area, 2591 Old Mill Road, Crescent City. Ensure that diverse native dune plants can survive and spread, providing homes and food for native animals. Free. 954-5253.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. 407-9222.

Superbowl 50. 3:30 p.m. Arcata Theatre Lounge, 1036 G St. Doors at 2:30 p.m. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day

jam-packed with gaming fun. Feel free to bring in your own games. Free. www.nugamesonline.com. 497-6358.

Redwood Coast Scrabble Club. 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

SCRAP Humboldt Open House. 10-11:30 a.m. SCRAP Humboldt, 101 H St. Suite D, Arcata. Curious about creative reuse? Meet the team and learn about volunteer opportunities, the education program and more. Register for a chance to win membership and a goodie basket. Free. volunteer@scraphumboldt.org. www.scraphumboldt.org. 822-2452.

8 Monday

DANCE

Let's Dance. 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dance to live music including standards, country and 1970s. For anyone 50 years and older. \$4.

MOVIES

Theeb. 6:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Feb. 5 listing.

MUSIC

Humboldt Ukulele Group. Second Monday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. \$3. dsanderl@arcatanet.com. 839-2816.

SPOKEN WORD

Poets on the Plaza. Second Monday of every month, 8 p.m. Plaza View Room, Eighth and H streets, Arcata. Read/perform your original poetry or hear others. \$1.

MEETINGS

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

OUTDOORS

Ice Bears and Islands. 6-8 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. Jaime Sharp tells how he, Tara Mulvany and Per Gustav Porsanger became the first people to kayak around the Arctic Ocean's Svalbard Archipelago. \$8. info@greenlandorbust.org. www.greenlandorbust.org. 834-5501.

9 Tuesday

LECTURE

Farmer Winter Workshop: California Farmlink. 3:45-5 p.m. Humboldt County Agriculture Center, 5630 South Broadway, Eureka. Frederick Smith will present on financing options including loans, crowd funding and other alternative financing strategies. Free. outreach@humfarm.org. 441-9999.

Our Oceans: A Slow Motion Flood. 7-8 p.m. HSU Natural History Museum, 1242 G St., Arcata. Michael Furniss presents information about the patterns of sea level rise and how they affect coastal habitats, cities and Humboldt Bay. Donation. mjbil@humboldt.edu. www2.humboldt.edu/natmus. 826-4479.

MOVIES

Theeb. 6:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Feb. 5 listing.

MUSIC

Ms. Lisa Fischer & Grand Baton. 8 p.m. Van Duzer

Theatre, Humboldt State University, Arcata. Classic soul, jazz and rock by veteran backup singer for The Rolling Stones, Sting, and others. \$46, \$10 HSU.

FOR KIDS

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. Free play for kids 0-5. Regular admission for kids over 5. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Feb. 7 listing.

COMEDY

Savage Henry Comedy Night. 8 p.m. The Jam, 915 H St., Arcata. Local and out of town comedians bring the ha-has. \$5. 822-4766.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw St., Ferndale. Cards and pegs.

Farmer Winter Workshop: Books and Records for Farmers. 1:30 p.m. Humboldt County Agriculture Center, 5630 South Broadway, Eureka. Kathrine Almy discusses farm accounts, taxation and making returns. Free. outreach@humfarm.org. 441-9999.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

10 Wednesday

MOVIES

Bowie Night. 7 & 9 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. Catch two of David Bowie's most audacious arthouse efforts: *The Man Who Fell to Earth* and *The Hunger*. Reception to follow films. \$6.50 each. www.richardsgoat.com.

Sci Fi Night ft. 984 Prisoner of the Future (1982). 7:30 p.m. Arcata Theatre Lounge, 1036 G St. A corporate executive is taken prisoner by an underground organization known as The Movement, and is turned over to a ruthless interrogator. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

FOR KIDS

Youth & Teen Study Group. 3-4:30 p.m. The Multi-Generational Center, 2280 Newburg Road, Fortuna. A quiet environment where students can receive extra help on homework, a snack and optional on-site tutoring. Free. lynea237@gmail.com. www.ervmhc.com. 725-3300.

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. Free.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

11 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Feb. 4 listing.

BOOKS

Terry Shames and Nonie Blake. 7-9 p.m. Booklegger, 402 Second St., Eureka. Two crime fiction writers from the Bay Area talk about books and writing. Refreshments served. Free.

Thursday Afternoon Book Club. Second Thursday of every month, 12-1 p.m. Humboldt County Library, 1313 Third St., Eureka. Fun and lively discussion group focusing on adult fiction and nonfiction. Call ahead for upcoming titles. Free. www.humlib.org. 269-1905.

LECTURE

Western Snowy Plover. 6:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Dr. Mark Colwell presents a lecture on the Western Snowy Plover, a small ground nesting shorebird listed as threatened under the Endangered Species Act. Dr. Colwell will introduce the bird's life history and discuss local challenges to breeding success. \$2-\$5 donation.

MUSIC

Cameron Carpenter. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Eclectic repertoire ranging from Bach to original compositions on organ. \$46, \$10 HSU.

ELECTIONS

Democratic Debate. 6 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. The Democratic hopefuls square off. Free. www.richardsgoat.com.

EVENTS

Love to Shop Valentine's Event. 5:30-8 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Browse over 15 local, home-based and direct sales vendors. First 50 people through the door will receive a free Swag Bag. www.redwoodacres.com.

FOR KIDS

Young Discoverers. 10:30 a.m.-noon Discovery Museum, 612 G St., Eureka. See Feb. 4 listing.

MEETINGS

Conservation Meeting. Second Thursday of every month, 12-1:30 p.m. Rita's Margaritas & Mexican Grill, 5th St., 1111 Fifth St., Eureka. Participants discuss conservation issues of interest to the Redwood Region Audubon Society. Free. www.rras.org. 445-8311.

Eureka Woodworking Association. 6:30-8 p.m. Redwood Humboldt, 1333 Union, Eureka. Share work and ideas. Bring sample pics, a portfolio or a project idea. Skilled artisans and rookies alike are welcome. Free. PatrickM1st@yahoo.com. www.facebook.com/eurekawoodworkingassociation. 444-2717.

Humboldt Grange 501 Potluck. Second Thursday of every month, 6:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Grange Women's Auxiliary meets at 6 p.m., potluck at 6:30 p.m., Grange meeting 7:30 p.m. nanettespearschade@gmail.com. www.facebook.com/humboldt.grange. 443-0045.

ETC

Community Board Game Night. Second Thursday of every month, 7-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. oss1ncrp@

northcoast.com. www.baysidegrange.org. 444-2288.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Feb. 4 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Feb. 4 listing.

Heads Up This Week

Poets & Writers. College of the Redwoods' literary magazine, is accepting submissions of original poetry and fiction. For more information go to

www.redwoods.edu.

Open call for dancers, performing artists and actors for a new Arcata-based performance company at Redwood Raks World Dance Studios Jan. 26 at 7:30 p.m. and Jan. 30 at 7:30 p.m. Call Peter at 808-281-1411.

Ferndale Repertory Theatre holds auditions for the The White Snake on Feb. 28 at Bethel Church in Eureka from 6-9 p.m. and on Feb. 29 at The Arcata Playhouse from 6-9 p.m. Contact Leira Satlof at leira@ferndalerep.org.

Performer applications are available for the

Mateel Community Center's Summer Arts and Music Festival. Visit www.mateel.org or call 923-3368 to have an app sent to you. Deadline is Feb. 12.

Humboldt County students are invited to participate in the Student Bird Art Contest. For complete rules and a list of suggested birds go to www.rras.org. Deadline is March 18. Email sueleskiw1@gmail.com.

Redwood Region Audubon Society is sponsoring its 11th annual student nature writing contest on

Continued on next page »

LIVE ENTERTAINMENT & EVENTS

THIS SUNDAY!

SUPER GAME DAY

FEBRUARY 7TH • KICKOFF AT 3:30PM

JOIN US FOR THE BIG GAME
Free in the Thirsty Bear Lounge
ON OUR GIANT SCREEN!

BEER PITCHER SPECIALS!
FREE NACHO BAR DURING HALFTIME!



SINGLES NIGHT

FEBRUARY 13TH
7:30PM – 9PM

FREE ADMISSION

RSVP REQUIRED
(with Name, Age & Occupation)

CONTACT NANCY BURROW:
707.733.9644 Ext. 168 or
nancyburrow@bearrivercasino.com

Thirsty Bear LOUNGE

<p>2.5 DR. SQUID Pop/Rock/Dance</p> <p style="color: red; font-weight: bold;">FIRST SATURDAY DANCE PARTY</p> <p>2.6 LIGHTNING BOOM PROD. DJ Music</p> <p>2.12 BACKSTREET BAND Classic Rock</p> <p>2.13 LIGHTNING BOOM PROD..... DJ Music</p> <p>2.19 THE UNDERCOVERS.... Classic Rock/Top 40s</p>	<p>2.20 NIGHTHAWK Pop/Rock/Dance</p> <p>2.26 THE ROADMASTERS Classic Country</p> <p>2.27 THE UPTOWN KINGS..... Blues</p> <p>3.4 DR. SQUID Pop/Rock/Dance</p> <p style="color: red; font-weight: bold;">FIRST SATURDAY DANCE PARTY</p> <p>3.5 LIGHTNING BOOM PROD. DJ Music</p>
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Calendar

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"What Nature Means to Me" by Humboldt or Del Norte County students in grades 4 through 12. Entries should be no more than 450 words; one entry per person. Include student's name, address, phone number and e-mail, plus teacher name, grade, school, phone and e-mail. Deadline is Friday, March 18. Send submissions in body of an e-mail to tomleskiw@gmail.com or mail a printout to Tom Leskiw, 155 Kara Lane, McKinleyville CA 95519.

Dream Quest invites local youth to apply for college scholarships. Call (530) 629-3564 or email dreamquestwillowcreek@hotmail.com. Deadline is April 15.

Dancing Stars of Humboldt holds open auditions for its Mar. 26 show on Jan. 30 at the Arkley Center for the Performing Arts at 2 p.m. All dancers and styles welcome. Visit www.dancingstarsof-humboldt.com.

The Humboldt Branch of Women's International League for Peace and Freedom seeks applications from Humboldt County residents for its Edilith Eckart Memorial Peace Scholarship. Application and information at www.wilpfhumboldt.wordpress.com. Deadline 4 p.m. Feb. 22.

Grant applications through Humboldt Sponsors are now available for the current year to local nonprofit organizations serving Humboldt County youth. Deadline is Feb. 12, 2016. Visit www.humboldtsponsors.org or call 442-1682.

Ferndale Rep offers a \$500 scholarship to a Humboldt County graduating senior pursuing a career in the performing arts. Application deadline is April 1. Visit www.ferndalerep.org/educate or email info@ferndalerep.org.

Humboldt International Film Festival is taking submissions until March 14 through the festival's website: www.hsfilmfestival.com/submit-a-film.

Humboldt Area Center for Harm Reduction seeks donations of clean and gently used coats, sleeping bags/blankets, socks, gloves and hats for its "Anything Warm" donation drive. For drop off locations, call 601-6221.

Volunteers wanted for Eureka VA clinic. Call 269-7502.

●

MOVIES & EVENTS

Feb 4 - Feb 10

Thurs Feb 4 — Ocean Night Film Screening, Doors @ 6:30 PM, All ages, \$3 donation, Free for OC, Surfrider, & Baykeeper members/children 10 & under.

Fri Feb 5 — The Man Who Fell to Earth (1976), Doors @ 7:30 PM, Movie @ 8 PM, Film is \$5, Rated R.

Sun Feb 7 — Superbowl 50, Doors @ 2:30 PM, Game @ 3:30 PM, Free w/\$5 food & bev purchase, All ages.

2/10 — Sci Fi Night, ft. 984: prisoner of the future (1982), Doors @ 6 p.m. All ages, Free w/\$5 food & bev purchase.

Arcata Theatre Lounge 
arcatatheater.com • 822-1220 • 1036 G St.

Filmland



Because you don't spend enough time looking at baby pandas on the Internet.

We Could Be Heroes

Pugilistic pandas, gunslinging gals

By David Jervis

filmland@northcoastjournal.com

Reviews

KUNG FU PANDA 3. The third installment of this successful animated saga of anthropomorphic animals rolls in with more backstory for its panda hero, Po, otherwise known as the Dragon Master. Knowledge of the first two movies isn't really necessary to enjoy this rollicking 95 minutes, but I had seen both heading in. The role of Po, a freewheeling panda with aspirations as great as his love for dumplings and pork buns, strikes me as the perfect fit for the voice of Jack Black, whose down moments seem mostly due to being miscast (*King Kong*) or maybe ideally cast, given his pitch-perfect ability to play annoying jerks (*High Fidelity*).

He returns here in tandem with the Furious Five, whose voices include Angelina Jolie and Seth Rogen, so again there's much to like. Master Shifu (Dustin Hoffman) has announced his retirement, a move that flummoxes the not-quite-up-to-the-task Po, his appointed successor. And there's more at work: Enter monstrous baddie Kai (J.K. Simmons), who has been stealing the *chi*, the energy that flows

through all things (I think I heard about something like that in another movie franchise ...) off in the spirit realm, and now seeks to do it among the mortals. Lest all this sound too murky, there's the much simpler arrival of Po's biological father, Li (Bryan Cranston). While Kai moves ahead with his nefarious plans, Po and Li journey to a distant village filled with hundreds and hundreds of pandas off in the mountains, so if you're a fan of this endearing, bamboo-eating species of the *urisode* family, there's that, and it's a whole lot of fun.

I'd hardly be the first person to point out how successful this particular franchise has been at generating grosses in a worldwide market in which China is an increasingly important component. But I've always liked this batch of movies, with its cranes, tigers and rabbits, for its focus on the hero's journey, the narrative structure that has shaped myths and stories for millennia and which was popularized into modern understanding by Joseph Campbell. It has run through the plots of modern cinema in everything from *Star*

Wars to *Willy Wonka and the Chocolate Factory* to *Dirty Dancing* (trust me on that last one — it's a classic example). Departure and journey, crossing thresholds and the hero facing challenges and tests of his or her character are all strong themes in the *Panda* movies, especially this one, and they are better movies for it.

Kung Fu Panda 3 also adds a more relatable 21st-century wrinkle to that mix. Li, who abandoned Po when he was younger, must come to terms with that and be honest with his son, once they get past all the happiness of the reunion and head for the hills, where, of course, Po must prove himself. There's obviously much for kids to enjoy, and for grown-ups there are the beautiful, detailed, hand-drawn-looking flashback sequences. The families at my showing looked happy indeed, although having seen all those dumplings and buns up on screen, I departed with the grim knowledge that the nearest dim sum is a few counties away. PG. 95m. BROADWAY, FORTUNA, MILL CREEK.

JANE GOT A GUN What's up on screen is really all that counts, but throughout

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the history of movies, troubled productions have nagged at things. The resulting movies range from Oscar winners to duds banished to playing on regional airlines. The original director of *Jane Got a Gun* famously failed to show up for the first day of shooting, and things went along from there. I counted a total of 19 producer credits and five writers in the movie's closing titles, also not great signs. But let's focus on what's on screen — I can see what attracted Natalie Portman to the material, whatever it may have originally been. She's the titular Jane, a homesteader in the 1870s New Mexico territory whose husband arrives home seriously wounded from a gunfight. The backstory comes in periodic flashbacks throughout the movie, filling in the story of Jane and her two young daughters. Joel Edgertron, one of the vanful of folks who wrote the movie, is an ex-beau to whom she turns for help when a murderous gang devises to close in on her. Portman is, of course, great, but with all the flashbacks one gets the feeling that the more interesting story is not the one we're actually seeing. While it isn't terrible, it's easy to imagine there was once a better movie in there somewhere. If you do see it, try to spot the transformed Ewan McGregor; I think the guy's gone undercover. R. 98m.

— David Jervis

For showtimes, see the Journal's listings at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456; Richards's Goat Tavern & Tea Room 630-5000.

Previews

BOY & THE WORLD. Oscar-nominated, animated tale of a boy in search of his father. PG. 120m. RICHARDS' GOAT.

THE CHOICE. Nicholas Sparks fires up the romance generator for another one, this time with a young couple at the seaside. PG13. 111m. BROADWAY, MILL CREEK.

HAIL, CAESAR! The Coen brothers helm a comedy about a 1950s movie studio fixer hunting down a missing star. Starring Josh Brolin, George Clooney and Scarlett Johansson. PG13. 106m. BROADWAY.

PRIDE AND PREJUDICE AND ZOMBIES. It is a truth universally acknowledged,

that a single man in possession of a good fortune, must be in want of a wife who can mow down hordes of the undead. PG13. 100m. BROADWAY, FORTUNA, MILL CREEK.

THEEB. A Bedouin boy follows his brother on a desert crossing with a British soldier during World War I in this Oscar-nominated Arabic language film. NR. 100m. RICHARDS' GOAT.

Continuing

13 HOURS: THE SECRET SOLDIERS OF BENGHAZI. Drama based on the 2012 terrorist attack starring John Krasinski. R13. 144m. BROADWAY

THE BOY. A woman takes a nannying gig for an English couple's life-size doll. Who knew it would turn creepy? PG13. 97m. BROADWAY.

DIRTY GRANDPA. If watching movie legend Robert DeNiro sling homophobic slurs at recovering Mousketeer Zac Efron in an unfunny buddy movie sounds like good times, fine. Do what you want. R. 102m. BROADWAY, FORTUNA, MILL CREEK.

THE FIFTH WAVE. An alien invasion with disasters, disease and body snatching. Chill — attractive teens are handling it. Starring Chloë Grace Moretz as a young woman looking for her abducted brother. PG13. 112m. BROADWAY, FORTUNA, MILL CREEK.

THE FINEST HOURS. Chris Pine, Holliday Grainger and Casey Affleck in a true-story drama about Coasties attempting to rescue oil tankers in a New England winter storm in 1952. Bring a hot beverage. PG13. 117m. BROADWAY, FORTUNA, MILL CREEK.

THE REVENANT. Leonardo DiCaprio stars as a frontier survivor Hell-bent on revenge in a gorgeous, punishing Alejandro Gonzalez Iñárritu film that offers little beyond beauty and suffering. R. 156m. BROADWAY, FORTUNA, MILL CREEK.

STAR WARS: THE FORCE AWAKENS. The writing and visuals are a bit too faithful to the original, but they work in this nostalgic return. Leads John Boyega and Daisy Ridley are as compelling as more familiar faces. PG13. 135m. BROADWAY, MILL CREEK.

— Jennifer Fumiko Cahill

Arts & Crafts

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Communication

METHODS FOR TEACHING NORTHERN CALIFORNIA NATIVE LANGUAGES. This course is designed to introduce students to teaching methods developed or utilized for Indigenous language instruction. With Gordon Bussell. Thurs., Feb. 18, 4-8 p.m. Fee: \$80. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (C-0211)

MORE EASY CONVERSATIONAL SPANISH, Th Feb. 18-March 10, 2016, 5:30 p.m. – 7:30 p.m. at CR Community Education 525 D street Eureka, Classroom 112 While a continuation of "Easy Conversational Spanish", this course is a beginner's class for people with little to no experience with Spanish language. Call 707-476-4500 (V-0204)

RUSSIAN LANGUAGE & CULTURE. This class will focus on the Cyrillic alphabet, pronunciation, punctuation, spelling, understanding tone and diction, and vocabulary development. With Elena Matushevich. Mon./Thurs., Feb. 15-March 17, 6-8 p.m. Fee: \$190. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (C-0204)

WICCA, PAGANISM, AND WITCHCRAFT EXPLORED AT LIFETREE CAFÉ The beliefs and practices of Wiccans and pagans will be examined at Lifetree Café on Sunday, February 7 at 7 p.m. The program titled "The Witch Next Door: What's the Appeal of Wicca and Paganism?" features filmed interviews with self-identified pagans and a Wiccan who says she began exploring the religion as a teenager and still practices it today. Lifetree Café is a Free Conversation Café - Snacks and Beverages. Located on the Corner of Union and 13th, Arcata. 707 672 2919 or bobdipert@hotmail.com or www.lifetreecafe.com (C-0204)

Dance/Music/Theater/Film

DANCE WITH DEBBIE: Beginning and Intermediate classes in Swing, Latin, & Ballroom dance. Group and private lessons. First dance choreography and coaching for weddings. Find us on Facebook! (707) 464-3638, debbie@dancewithdebbie.biz (707) 464-3638, debbie@dancewithdebbie.biz (D-0225)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning, Instrument repair. Digital multi-track recording. (707) 382-9468. (DMT-0225)

PIANO LESSONS FOR BEGINNERS by Judith Louise. Children and adults, learn to read & play music! 707 476-8919. (D-0428)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, (707) 616-6876 shoshannaRaks@gmail.com (DMT-0225)

STEEL DRUM CLASSES. Beginning Classes Level 1 Fri's. 10:00-11:00a.m, Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-0225)

WEST AFRICAN DANCE W/ LIVE DRUMMING. \$10 donation \$5 for Students Tuesday All Level Community Class 5:30-7 Redwood Raks Dance Studio, Arcata Contact Heather 707-834-3610 Facebook Arcata West African Dance (DMT-0225)

Fitness

DRAGON HEART TANG SOO DO AT PRESBYTERIAN CHURCH ON G ST. Tuesday and Thursday classes - kids 4-5pm, adults 5:30-7:30pm. Call Master Becky Rupp 707-923-2886. (W-0225)

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-0225)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-0225)

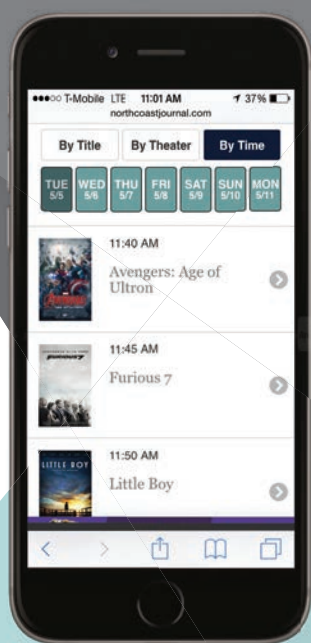
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Workshops

Continued from previous page

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0225)

Home & Garden

ORGANIC GARDENING: FROM THE BACKYARD TO THE KITCHEN TABLE. Gain knowledge and confidence for a lifetime of successful food gardening. With Eddie Tanner. Thurs., Feb. 11-March 10, Thurs., 6:30-8:30 p.m. and Sat., March 12, 10 a.m.-1 p.m. Fee: \$70. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (G-0204)

MASTER GARDENER CLASS - The University of California Cooperative Extension office in Eureka is taking applications for the 2016 Master Gardener Course. Find the application and schedule at cehumboldt.ucdavis.edu, or call (707) 445-7351. (G-0204)

Kids & Teens

JOIN JUNIOR CREW (AGES 11-18)
New Rowers Welcome
Learn a New Skill - Be Part of a Team
Mon-Fri 4-6:15 pm (707) 845-4752
hbracoach@me.com www.hbra.org

PRESIDENT'S WEEK KIDS' CAMPS Sign up now for workshops at the Arcata Playhouse. Creative Drama Camp (ages 6 - 10) 9am to 12, M-F, Feb. 15 - 19 (\$100), Stilt Dance/Acro (ages 8 - 14) 1pm - 3pm, T-F, Feb. 16 - 19 (\$80). (707) 822-1575
amy@arcataplayhouse.org
www.arcataplayhouse.org

Lectures

MICROSOFT EXCEL BASICS. Learn worksheet design, formulas and functions, charts, saving and printing worksheets and workbooks. With Joan Dvorak. Mon., Feb. 29-March 21, 6-8 p.m. Fee: \$75. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (L-0218)

TURNING CLIENTS INTO LEADERS: Boosting Nonprofit Effectiveness through Community Organizing. Learn the benefits of community organizing as an adjunct to social service's effectiveness in serving its target population and fundraising strategies. With Ron White. Sat., Feb. 27-March 5, 3-5 p.m. Fee: \$90. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (L-0218)

UNPACKING CANNABIS: UNDERSTANDING THE SOCIAL, ENVIRONMENTAL & ECONOMIC TRENDS IN OUR COMMUNITY. This seminar is an interactive, two-part course to explore the role of cannabis in Northern California and learn about the history, culture, economics, politics, and agricultural practices of this multi-billion dollar industry. With Dr. Tony Silvaggio. Fri., Feb. 19 & 26, 12-5 p.m. Fee: \$100. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (L-0211)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-0225)

ANAM CARA: SPIRITUAL WISDOM FROM THE CELTIC WORLD WITH MARILYN MONTGOMERY. Enjoy this introduction to the ancient teachings, stories, and blessings of the Celtic spiritual world. Thursdays, Feb. 18-March 10 from 2-4 p.m. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0211)

INTO THE DOLOMITES: TREKKING THROUGH THE ITALIAN TYROL WITH CAROLYN LEHMAN. Explore the various recreational opportunities along the Alta Via #1, Italy's premier hiking route. Sat., Feb. 13 from 1-3 p.m. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0204)

BOOK ARTS: JUDGE A BOOK BY ITS COVER WITH MICHELE OLSEN. Use the cover of an old book to create your own personal journal. Sat., Feb. 20 from 9 a.m.-1 p.m. OLLI Members \$50/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0211)

ISIS: WHAT'S THE CALIPHATE TO CALIFORNIA? with Tom Gage. Join this discussion of the emerging threat of the ISIS becoming ISIL, its destabilization of the Levant, and its threat to Homeland Security. Tues., Feb. 9-March 1 from 6-8 p.m. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0204)

JUST SING! WITH CAROL RYDER. Learn easy vocal techniques with a fun group of like-minded singers. No music-reading skills or singing background needed. Mondays, Feb. 8-29 from 10:30 a.m.-noon. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0204)

LEARN WATERCOLOR! WITH BRENT EVISTON. Learn basic watercolor techniques including how to use color and how to achieve a variety of effects by using different brushes and brush strokes. Fridays, Feb. 12-26 from 1-4 p.m. OLLI Members \$75/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0204)

T. E. LAWRENCE & TODAY'S MIDDLE EAST WITH TOM GAGE. Discover how this young archeologist, who found himself in a global war, emerged as a celebrity, a pawn of world governments, and a suspected spy and what he predicted regarding the interests of Kurds, Jews, and Arabs has emerged over the past century. Thursdays, Feb. 11-March 3 from 3-5 p.m. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0204)

OLLI ART NIGHTS AT EVOLUTION ACADEMY FOR THE ARTS: NATURE NIGHT WITH BRENT EVISTON. Draw and paint from beautiful, nature inspired still life setups. No experience necessary. Sat., Feb. 20 from 6-9 p.m. OLLI Members \$10/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0211)

MINDFUL DRAWING WITH KATHERINE LEHRE. This is a basic learn-to-draw workshop with a playful, beginner's-mind approach. Sat., Feb. 20 & 27 from 1-3 p.m. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0211)

TEN STEPS TO END YOUR SUGAR CRAVINGS WITH CARLISLE DOUGLAS. Learn what you can do to effectively change your habits, feel better now, and reduce your risk of developing chronic disease. Sat., Feb. 20 from 1-4 p.m. OLLI Members \$10/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0211)

THE FINE ART OF READING POETRY OUT LOUD WITH LAURA HENNINGS. Learn specific techniques in oral poetry reading that can bring to life original or favorite poems. Tues., Feb. 9 from 2-4 p.m. OLLI Members \$10/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0204)

THE STORY CATCHERS OF NORTHWESTERN CALIFORNIA WITH JERRY & GISELA ROHDE. Discover how the legacy of local Indian tribes was partially preserved by the collaboration between tribal elders and several dedicated ethnographers. Wed., Feb. 10 from 5-7 p.m. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-0204)

Spiritual

ARCATA ZEN GROUP MEDITATION. Beginners welcome. **ARCATA:** Sunday 7:55 a.m., Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. For more info. call (707) 826-1701 or visit arcatazengroup.org
EUREKA: Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more info. call (707) 845-8399 or visit barryevans9@yahoo.com. (S-0324)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP. We are here to change lives with our love. Services at 9am and 11am on Sunday. Child care is provided at 9am. Childrens religious education is at 11am. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-0218)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m. Community Yoga Center 890 G St, Arcata. Contact Lama Nyugu (707) 442-7068, Fierro_roman@yahoo.com, www.kdkarcatagroup.org (S-0225)

LOSAR, THE TIBETAN NEW YEAR, will be celebrated at Rangjung Yeshe Gomde retreat center in Leggett, during the weekend of February 12th-14th. The group practices will include chanting, prayers, visualizations, and feast offerings to Guru Rinpoche. We hope you will join us for this joyous occasion. For registration and information please visit our website (www.gomdeusa.org), send us an email (registrar@gomdeusa.org), or call 707-925-0201. (S-0204)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240
www.tarotofbecoming.com (S-0225)

TRANSMISSION MEDITATION Wednesdays 6-7pm
Isis Osiris Healing Temple 44 Sunny Brae Center,
Arcata. 707-681-9970 \$2 donation requested
(S-0317)

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SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0421)

Vocational

ADVANCED PRACTICAL BEEKEEPING. Intended for those who already keep bees and/or have taken the Practical Beekeeping class. With Dick LaForge & Jeannine Kaprielian. Sun., Feb. 21-May 1, 1-3 p.m. Fee: \$140. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (V-0211)

MAINTENANCE TECHNICIAN TRAINING starts Feb 1-March 15, 2016, M/T/W 8:30 am-3:00 pm. Call College of the Redwoods Community Education at 707-476-4500 (V-0204)

CONVERSATIONAL ITALIAN Th March 31-May 5, 2016, 5:30 p.m. - 8:00 p.m. at CR Community Education 525 D street Eureka, Classroom 112 Call 707-476-4500 (V-0204)

CREATIVE WRITING starts February 17 - March 28, 2016, Wednesdays & Fridays 5:30 p.m. - 7:30 p.m. at 525 D Street downtown Eureka Call College of the Redwoods Community Education at 707-476-4500 (L-0204)

INTERMEDIATE EXCEL 2013 t & Th Feb. 23 & 25, 2016, 6:00 p.m. - 9:00 p.m. at CR Community Education 525 D Street Eureka. Call 707-476-4500 (V-0204)

PRACTICAL BEEKEEPING. Learn the basics of keeping honeybees for pollination, to produce honey and other products. With Dick LaForge & Jeannine Kaprielian. Mon., Feb. 15-May 2 (no class March 14), 6:30-8:30 p.m., and Sat., Feb. 27, April 2, 16, 30, 1-3 p.m. Fee: \$140. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (V-0211)

SURVIVAL FINANCE & ACCOUNTING SKILLS, W & Th Feb. 24 & 25, 2016, 5:30 p.m. - 8:30 p.m. at CR Community Education 525 D Street Eureka. Learn how to effectively use budgets, to read balance sheets and P&L statements. Call 707-476-4500 (V-0204)

Wellness & Bodywork

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Visiting Teachers Series with Rosemary Gladstar. February 6-7. In this weekend class, Rosemary shares ideas on how to Preserve Our Herbal Traditions & More! 10-Month Herbal Studies Program. Feb. - Nov. 2016. Meets one weekend per month with several field trips. Learn in-depth material medica, therapeutics, flower essences, wild foods, formulations and harvesting. Medicinal Cannabis Conference. April 23-24, 2016. Presenters are international, national and local experts that will utilize substantiated research and experience to advance your knowledge base on Cannabis to the next level! Presenters include Donald Abrams, MD; Ethan Russo, MD; Dustin Sulak, DO; and more! Register online www.dandelionherb.com or call (707) 442-8157. (W-0204)

MASSAGE SCHOOL INFORMATION NIGHT AT ARCATA SCHOOL OF MASSAGE. Free introductory lesson and discussion about massage school. Tuesday, January 12 at 5 p.m. Visit arcatamassage.com or call (707) 822-5223 for info.. (W-0225)

10-MONTH AYURVEDIC LIVING PROGRAM. W/ Traci Webb, @ NW Institute of Ayurveda, Part of Nationally Approved Ayurveda Practitioner Program, Meets 1 wkend + 3 wkdays/mo, Starts March 4 (Deadline: Feb. 21), Nutrition, Herbs, Meditation, Yoga, Essential Oils, Colors, 54 CEUs. Prerequisite: "Ayurvedic Self-Care & Cooking" (see listing). Register: www.ayurvedicliving.com, (707) 601-9025 (W-0218)

AROMATHERAPY TRAINING PROGRAM. Hands-on "Do it Yourself" Immersion & Essential Oil Distillation @ NW Institute of Ayurveda, w/Traci Webb & Guests, Learn 125 Essential Oils, Make 20+ Products, March 4-6 & 18-20 (Deadline: Feb. 21), 36 CEUs. \$799 (early reg. saves). Register: www.ayurvedicliving.com, (707) 601-9025 (W-0218)

AYURVEDIC MASSAGE PROGRAM. w/Traci Webb @ NW Institute of Ayurveda, Asian Body Therapies, Marma Points, Essential Oils, Herbs, April 20-June 19, (Deadline: March 21), Prerequisite To: "Panchakarma Therapist Program", 112 CEUs. Register: www.ayurvedicliving.com, (707) 601-9025 (W-0317)

AYURVEDIC SELF-CARE & COOKING CERTIFICATION. with Traci Webb at NW Inst. of Ayurveda. Feb. 19-21, Enjoy Daily Yoga, Self-Care & Lunch!, Prerequisite To: 10-Month Ayurvedic Living Prog. (see listing) \$250 (early reg. saves). 24 CEUs. Register: www.ayurvedicliving.com, (707) 601-9025 (0218)

YOGA IN FORTUNA THURS 9:30AM - 10:45AM W/LAURIE BIRDSONG. Multigenerational Center 2280 Newburg Rd. Breathe, stretch, strengthen the body, calm the mind. All levels. \$11 drop-in or 6 class pass \$57. Scholarships avail. info Laurie 362-5457 (W-0225)

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NOTICE OF TRUSTEE'S SALE**

Pursuant to CA Civil Code 2923.3 IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 8/8/2003. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER On 2/26/2016 at 11:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 8/21/2003, as Instrument No. 2003-32073-16, of Official Records in the office of the County Recorder of Humboldt County, State of CALIFORNIA executed by: RIO AERYN, A SINGLE WOMAN WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: IN THE FRONT ENTRANCE OF THE HUMBOLDT COUNTY COURTHOUSE, 825 5TH STREET, EUREKA, CA 95501 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: MORE FULLY DESCRIBED ON SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to be: 827 P STREET EUREKA, CA 95501 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$59,318.91 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county

where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 280-2832 or visit this Internet Web site WWW.AUCTION.COM, using the file number assigned to this case 030073-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (800) 280-2832 CLEAR RECON CORP. 4375 Jutland Drive Suite 200 San Diego, California 92117

2/4, 2/11, 2/18 (16-014)

**NOTICE OF PETITION TO
ADMINISTER ESTATE OF
BONNIE J. BARNES CASE NO.
PRI60012**

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, Bonnie J. Barnes; Bonnie Jean Barnes A PETITION FOR PROBATE has been filed by Petitioner, Karen Mosier In the Superior Court of California, County of Humboldt. The petition for probate requests that Karen Mosier be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the

Continued on next page »

Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on February 11, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: Stephen G. Watson 715 I Street Eureka, CA 95501 (707) 444-3071 Filed: January 13, 2016 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

1/21, 1/28, 2/4 (16-010)

PUBLIC SALE

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the civil Code. The undersigned will sell at public sale by competitive bidding on the 17th of February, 2016, at 9:00 AM, on the premises where said property

has been stored and which are located at Rainbow Self Storage. The following units are located at 4055 Broadway Eureka, CA, County of Humboldt.

Craig Ford, Space # 5201
Peter Krolicki, Space # 5441

The following units are located at 639 W. Clark Street Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Donald Norris, Space # 2007
Carol Dunning, Space # 2815
William Link, Space # 2818
Jason Foster, Space # 3005
Melony Peterson, Space # 3009
Mills Howell, Space # 3311

The following units are located at 3618 Jacobs Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Denise Carte, Space # 1157
James Rowland, Space # 1230
Brianna Dodge, Space # 1394
Robinn Baird, Space # 1504
Heather Amador, Space # 1796

The following units are located at 105 Indianola Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Hummingbird Healing Center/
Nathan Johns, Space # 162
Christopher Vandiver, Space # 230
Michael Koenig, Space # 318
Justin Massie, Space # 392
April Keohen, Space # 399

The following units are located at 1641 Holly Drive McKinleyville, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Adrian Burnett, Space # 3248
Shannon Hunt, Space # 7101
Nicholas Womble, Space # 7113
Judy Coates, Space # 7213
Tyler Collins, Space # 7218
Anna Lowe, Space # 8115
David Sutton, Space # 8128

The following units are located at 2394 Central Avenue McKinleyville CA, County of Humboldt and will be sold immediately following the sale of the above units.

Janice Sullivan, Space # 9208
Perri Jackson, Space # 9279
Kevin Allen, Space # 9295
Jacqueline Anderson, Space # 9303
Lyndon Walker, Space # 9412
Teresa Cengia, Space # 9533

The following units are located at 180 F Street Arcata CA, County of Humboldt and will be sold immediately following the sale of the above units.

Carl Partee, Space # 4133
Tyani Ortiz, Space # 4328
Kathryn Dietz, Space # 4333
John Goss, Space # 4355

Runa Mullen, Space # 4410
Teresa Meadors, Space # 4723
Kris VanLom Jr., Space # 6108
Monika Zielinski, Space # 6117
Rosanna Butka, Space # 6129
Doug Thron, Space # 7008

The following units are located at 940 G Street Arcata CA, County of Humboldt and will be sold immediately following the sale of the above units.

Jeremy Means, Space # 6329
Daniar Betancourt, Space # 6439
Samuel Kempton-Hein, Space # 6457

Items to be sold include, but are not limited to: Household furniture, office equipment, household appliances, exercise equipment, TVs, VCR, microwave, bikes, books, misc. tools, misc. camping equipment, misc. stereo equip. misc. yard tools, misc. sports equipment, misc. kids toys, misc. fishing gear, misc. computer components, and misc. boxes and bags contents unknown. Purchases must be paid for at the time of the sale in cash only. Anyone interested in attending the auction must sign in at 4055 Broadway Eureka CA. prior to 9:00 A.M. on the day of the auction, no exceptions. All purchase items sold as is, where is and must be removed at time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. Auctioneer: Kim Santsche, Employee for Rainbow Self-Storage, 707-443-1451, Bond # 40083246.

Dated this 4th day of February, 2016 and 11th day of February, 2016

(16-015)

FICTITIOUS BUSINESS NAME STATEMENT 16-00007

The following person is doing Business as **LULA ROE LILIN PAMELLA** Humboldt, 361 Garland Ave, Fortuna, CA 95540
Pamella K Garvin
361 Garland Ave,
Fortuna, CA 95540
Lillum MJ Maniaci
3427 Church St, Fortuna, CA 95540
The business is conducted by A General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Pamella K Garvin, Partner
This statement was filed with the County Clerk of Humboldt County on January 5, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: L. Holdman

1/14, 1/21, 1/28, 2/4 (16-005)

FICTITIOUS BUSINESS NAME STATEMENT 16-00011

The following person is doing Business as **FAIRWINDS MOTEL** Humboldt, 1674 G Street, Arcata, CA 95521
Luckyman Enterprises, Inc.,
C2712800
1674 G St., Arcata, CA 95521
The business is conducted by A Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Alamsyah Lukiman, CEO/General Manager
This statement was filed with the County Clerk of Humboldt County on January 6, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

1/14, 1/21, 1/28, 2/4 (16-004)

FICTITIOUS BUSINESS NAME STATEMENT 16-00014

The following person is doing Business as **OWENS LOST COAST SHUTTLE SERVICE** Humboldt, 389 U Pacific Dr, Shelter Cove, CA 95589
Dhulun Owen
389 U Pacific Dr,
Shelter Cove, CA 95589
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Dhulun Owen, Owner
This statement was filed with the County Clerk of Humboldt County on January 7, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abram

1/21, 1/28, 2/4, 2-11 (16-007)

FICTITIOUS BUSINESS NAME STATEMENT 16-00019

The following person is doing Business as **TOURS FOR YOU** Humboldt, 1939 South Gavin Road, McKinleyville, CA 95519
Justin D Hornsby
1939 South Gavin Road,
McKinleyville, CA 95519
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Justin Hornsby, Owner
This statement was filed with the County Clerk of Humboldt County on January 8, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abram

1/21, 1/28, 2/4, 2-11 (16-011)

FICTITIOUS BUSINESS NAME STATEMENT 16-00073

The following person is doing Business as **ORGANIC GIVING FARMS** Humboldt, 2800 Burr Valley Rd., Bridgeville, CA 95526
5138 Patrick Creek Dr., McKinleyville, CA 95519
Jim M Givius
5138 Patrick Creek Dr,
McKinleyville, CA 95519
The business is conducted by A Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Jim Givius, Owner
This statement was filed with the County Clerk of Humboldt County on January 28, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: M. Morris

2/4, 2/11, 2/18, 2/25 (16-016)



NOTICE OF PROVISIONAL APPOINTMENT TO THE FIELDBROOK SCHOOL DISTRICT BOARD OF TRUSTEES

Be advised that the Fieldbrook School District Board of Trustees has provisionally appointed Kathryn Loomis on Tuesday, January 19, 2016, to a vacant position representing the Fieldbrook School District area pursuant to California Education Code, Section 5091.

The vacant position, effective December 9, 2015, was created because of the resignation of a board member.

Unless a petition bearing a sufficient number of signatures of the registered voters of the Fieldbrook School District calling for a special election pursuant to California Education Code, Section 5091 is filed in the Office of the County Superintendent of Schools (901 Myrtle Avenue, Eureka, CA) within 30 days of the provisional appointment, it shall become an effective appointment until the next regularly scheduled election for school district governing boards.

FIELDBROOK SCHOOL DISTRICT
Daria Lowery
Principal/Superintendent

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NORTHCOASTJOURNAL.COM/COCKTAILCOMPASS



FICTITIOUS BUSINESS NAME
STATEMENT 16-00076

The following person is doing Business as **SEQUOIA PERSONNEL SERVICES**

Humboldt, 2930 E Street, Eureka, CA 95501
Cardinal Services, Inc., CA C2678645

110 Ackerman, Coos Bay, OR 97420
The business is conducted by A Corporation.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Michael Freeman, President
This statement was filed with the County Clerk of Humboldt County on January 28, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: M. Morris

2/4, 2/11, 2/18, 2/25 (16-017)

FICTITIOUS BUSINESS NAME
STATEMENT 16-00080

The following person is doing Business as **RED'S RURAL LAND-SCAPING**

Humboldt, 1482 Dorothy Court, McKinleyville, CA 95519

Casey K Creighton
1482 Dorothy Court,
McKinleyville, CA 95519

The business is conducted by An Individual.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Casey K. Creighton, Owner
This statement was filed with the County Clerk of Humboldt County on January 29, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

2/4, 2/11, 2/18, 2/25 (16-018)

FICTITIOUS BUSINESS NAME
STATEMENT 16-00029

The following person is doing Business as **FORBES ASSOCIATES - T.H.S.**

Humboldt, 1807 Central Ave, McKinleyville, CA 95519

Tracy L Helard-Shumard
4747 Aster Ave,
McKinleyville, CA 95519

The business is conducted by An Individual.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Tracy Helard-Shumard, Broker
This statement was filed with the County Clerk of Humboldt County on January 12, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: L. Holman

1/21, 1/28, 2/4, 2-11 (16-008)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00723

The following person is doing Business as **SHIPWRECK**
Humboldt, 430 3rd St, Eureka, CA 95501

Aimee L Taylor
896 10th St, Apt. 2,
Eureka, CA 95501

The business is conducted by An Individual.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Aimee Taylor, Owner
This statement was filed with the County Clerk of Humboldt County on December 23, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: L. Holdman

1/14, 1/21, 1/28, 2/4 (16-006)

FICTITIOUS BUSINESS NAME
STATEMENT 16-00033

The following person is doing Business as **RAMPAGE MOBILE DETAIL**
Humboldt, 211 Meadowbrook Ln, Fortuna, CA 95540

Kati S De Alba
211 Meadowbrook Ln,
Fortuna, CA 95540
Jason A Labayog
211 Meadowbrook Ln,
Fortuna, CA 95540

The business is conducted by A General Partnership.

The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Kati De Alba, Co-Owner
This statement was filed with the County Clerk of Humboldt County on January 12, 2016
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abram

1/28, 2/4, 2/11, 2/18 (16-013)

FICTITIOUS BUSINESS NAME
STATEMENT 15-00737

The following person is doing Business as **LOVELY IS HIME**
Humboldt, 4333 Walnut Drive, Eureka, CA 95503

Jamie Lee
4333 Walnut Drive,
Eureka, CA 95503

The business is conducted by An Individual.

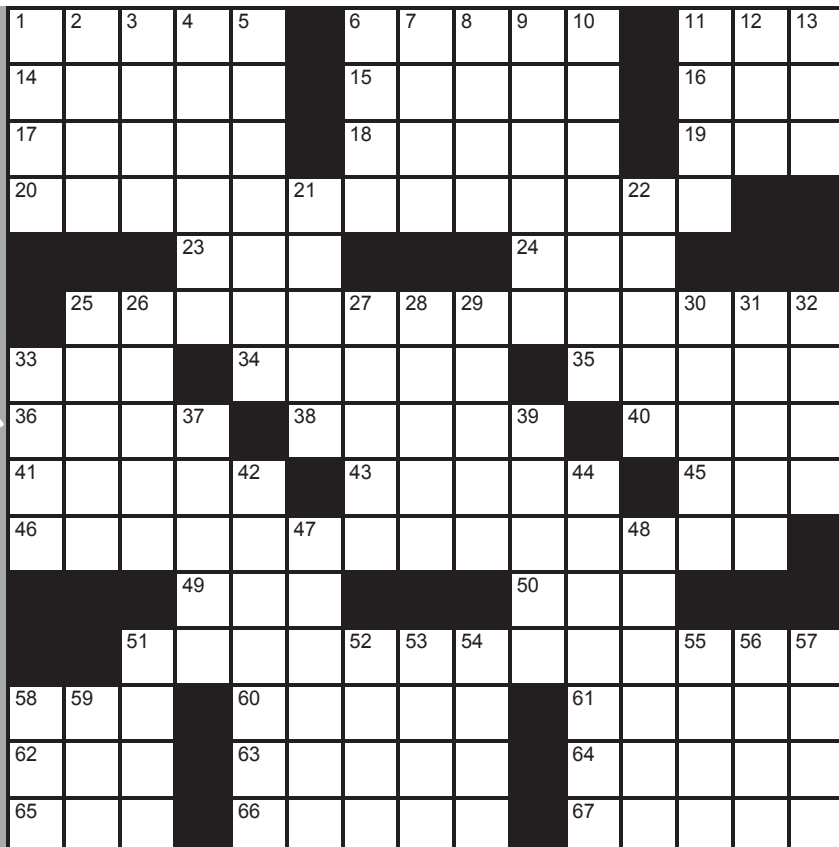
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s Jamie Lee, Owner
This statement was filed with the County Clerk of Humboldt County on December 30, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

1/21, 1/28, 2/4, 2/11 (16-009)

CROSSWORD by David Levinson Wilk



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SPOTIFY

ANSWERS NEXT WEEK!

ACROSS

1. "Anaconda" rapper Nicki
6. Verboten
11. Casino area
14. Dickens title opener
15. NCAA women's basketball powerhouse
16. "What ____ the odds?"
17. "Don't mince words!"
18. Put back to zero, say
19. Ski shop supply
20. Make Bozo top secret?
23. "How I Met Your Mother" narrator
24. Org. with an Office of Water
25. Defend the presence of a male escort?
33. Yoga class rental

34. Sunny?
35. Like volcanoes
36. Iowa State city
38. Mall cop weapon
40. Approaching
41. Money in la banque or la banca
43. Toys with tails
45. Corp. leader
46. Like someone unsubscribing from a popular music streaming service?
49. Org. conducting lots of X-rays
50. 2014 Oscar winner for Best Foreign Language Film
51. Inform someone with 100% accuracy?
58. Piece in the Middle East?

60. ____ the side of caution
61. City of Light, in a Cole Porter song
62. "Sheesh!"
63. Check the total
64. Boy band with the 2000 hit "Liquid Dreams"
65. Gorilla, e.g.
66. Some Spanish dates: Abbr.
67. Awaits judgment

DOWN

1. Opposite of fem.
2. Right-leaning type: Abbr.
3. Evian competitor
4. Preferred groups
5. Travels around the world in style
6. What a gang protects
7. ____-deucy
8. Pear variety

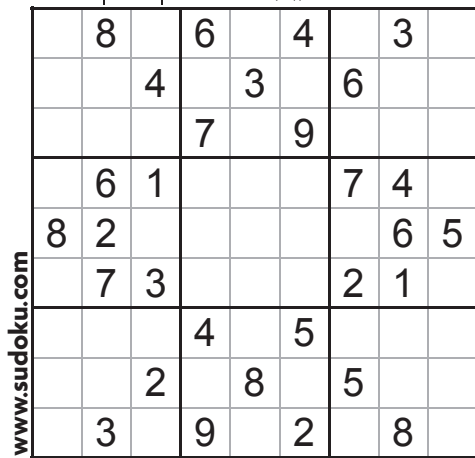
9. What flamingos often stand on
10. Not digressing
11. One of 16 in a chess set
12. Lyricist Gershwin
13. ____-Mex
21. Fool
22. It may be covered or circled
25. Clog
26. "In ____" (1993 Nirvana album)
27. Unreliable
28. Oslo Accords partner of Yitzhak and Bill
29. Rocky ridge
30. Chilling, as Champagne
31. Hybrid big cat
32. Spanish skating figure
33. West and others
37. ____ voce
39. Many a song at a

- dance club
42. Venus and Serena, e.g.
44. Crush, e.g.
47. More impartial
48. Get out
51. Alaska ZIP code starter
52. "Animal House" house
53. "The boy you trained, gone he is" speaker
54. Puts a stop to
55. 1982 sci-fi film with a 2010 sequel
56. NC-17, maybe
57. Cravings
58. Quentin directed her in "Pulp Fiction"
59. Give a big shock to

LAST WEEK'S ANSWERS TO POTS AND PANS



su | do | ku © Puzzles by Pappocom MEDIUM #59



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HLT Check Exchange: Cash handling, marketing & collections. Must have 6 months cash handling experience and valid drivers license. Paid days & holidays and bonus plan. Email resume to : bstillwell2@aol.com



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CAREER TRAINING: New Year, Aviation Career - If you're a hands on learner, you can learn to fix jets. Career placement, financial aid for qualified students. Call AIM 888-242-3214 (E-0204)

ROSALIE'S HAIRSTYLING has 2 booths available to rent. Please call 443-0780 for more information.

HELP WANTED: YARD MAINTENANCE. Approx. 15-20 hours/week. Call Fieldbrook Winery, 839-4140.



EMPLOYMENT OPPORTUNITIES

Bingo Admit Clerk, PT
Security Officer, PT
Janitor, PT
Surveillance Officer, PT
Revenue Auditor, FT
Waitstaff, PT
Shuttle Driver, PT
To apply visit our website at www.cheraheightscasino.com

County of Humboldt MEDICAL RECORDS MANAGER

\$5084 - \$6525 mo.

Responsible for supervising and directing the operations of the medical records unit and other clerical support functions; develops and implements policies pertaining to the management, retention and storage of medical records; coordinates the automated medical records system; supervises, hires and evaluates assigned staff; monitors records for compliance with legal requirements and confers with other staff concerning quality compliance issues. Three yrs responsible exp in medical records management including at least one yr supervisory exp is desired. **Filing deadline: Open until filled.** Apply at <http://www.humboldt.gov.org/hr> or contact Human Resources (707) 476-2349, 825 5th St., Rm. 100, Eureka. AA/EOE



CITY OF EUREKA MAINTENANCE WORKER I/II

I - \$2,323 - \$2,967 PER MO.
II - \$2,690 - \$3,272 PER MO.
PLUS EXCELLENT BENEFITS

This position performs a variety of semi-skilled labor in the construction, maintenance and repair of City infrastructures. This recruitment will be used to fill current and future vacancies in the following divisions: Parks, Streets, Wastewater Collection, and Water Distribution. Desirable qualifications include a combination of education equivalent to graduation from high school, and at least 1 year of experience related to area of assignment. For a full job description and to apply please visit our website at www.ci.eureka.ca.gov.

Applications will be accepted until 5:00 p.m. on Friday, February 12th, 2016. EOE



Internews
Local voices. Global change.

HUMAN RESOURCES ASSOCIATE

Dynamic international organization seeks to fill Human Resources position in Arcata

Position will perform administrative functions, primarily: assisting with personal services contracts management, recruitment, employee on and offboarding, tracking department expenses, and HRIS data maintenance.

Ideal candidates have:

- 2+ years administrative experience, preferable in HR
- Experience with confidential & sensitive information
- Prior experience with databases, preferably HRIS
- Strong grasp of Microsoft Windows environment including MS Word, Excel, Outlook and Explorer

TO APPLY: Full details and applications online www.internews.org/jobs

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open door Community Health Centers

BEHAVIORAL HEALTH INTEGRATED PROVIDER

1 F/T Eureka

CASE MANAGER REFERRAL SUPPORT

1 F/T Crescent City

DENTIST

1 F/T Eureka

DESKTOP SUPPORT TECHNICIAN

1 F/T Arcata

DIETICIAN

1 F/T Eureka

LAB ASSISTANT

1 F/T Crescent City

LCSW

1 F/T Eureka

LVN/ MA

1 F/T Crescent City

1 F/T Willow Creek

MEDICAL BILLER

1 F/T Arcata

MEDICAL ASSISTANT

2 F/T Crescent City

1 F/T Eureka

1 F/T Ferndale

2 F/T Fortuna

1 F/T Arcata

1 F/T Willow Creek

1 P/T McKinleyville

MEDICAL RECEPTIONIST

1 F/T Willow Creek

MEDICAL RECORDS CLERK

1 F/T Fortuna

POD CLERICAL SPECIALIST

1 F/T Eureka

PRIMARY BEHAVIORAL HEALTH CONSULTANT PROVIDER

1 F/T Eureka

REGISTERED DENTAL ASSISTANT

1 F/T Crescent City

3 F/T Eureka

REGISTERED NURSE

1 F/T Crescent City

1 F/T Willow Creek

1 Per Diem Willow Creek

RN CLINIC COORDINATOR (SUPERVISOR)

1 F/T Arcata

RN-OPERATIONS

1 F/T Eureka

RN TRIAGE

1 F/T Fortuna

SITE ADMINISTRATOR

1 F/T Arcata

STAFF RECRUITMENT AND RETENTION SPECIALIST (HUMAN RESOURCES)

1 F/T Arcata

STERILIZATION TECHNICIAN (DENTAL)

1 F/T Eureka

Visit www.opendoorhealth.com to complete and submit our online application.



Humboldt Senior Resource Center Senior News Editor

Do you have a way with words? Are you interested in issues and events impacting older adults living on the North Coast? The Senior News Editor is responsible for stories of interest to older adults in Humboldt and Del Norte counties. Must be a talented writer, interviewer and editor.

Requirements: BA in English, Communications, Journalism, related fields, or equivalent experience. Proficiency in digital photography. Full benefits, 20 hours/week.

Payroll Specialist

This person is responsible for semi-monthly payroll and benefits records management. Experience with payroll tax compliance, quarterly and annual payroll tax returns is desired. This is a full time benefited position.

Requirements: Proven experience processing payroll and performing general accounting functions and bookkeeping tasks.

Other positions available on website. Application available at: www.humsenior.org

Submit letter of interest, completed application and resume to: hr@humsenior.org. For more information, please call (707) 443-9747 EOE

Supporting seniors in a high quality of life with dignity, health and self-determination



United Indian Health Services, Inc.

Application deadline: February 14, 2016

Medical Site Coordinator

Weitchpec Clinic/Full time Coordinates Activities of a specified site's Medical Clinic, Greets clients, Schedule's, Monitors daily function's

Front Office Assistant/Medical & Behavioral Health
Greet & schedule patients/ operate multiline phones
Del Norte/ Full Time

Diabetes Program Manager

Implements prevention efforts in community and provides clinical coordination with medical providers Arcata/Full Time

Nutrition Manager/Dietician

Manager nutrition programs which educates and promotes Health and wellness throughout the Community. Arcata/Full Time

Medical Provider – MD/DO or FNP/PA

Provides general medical care and treatment to patients in medical facility such as a clinic, health center, or public health agency. Smith River/Del Norte /Full Time/Open Until Filled

OB /NA-AS Coordinator-Clinical Nurse

Manages Obstetrics Program working closely with Providers. Arcata/Full Time

Clinical Nurse/RN

Arcata/Weitchpec/Del Norte Full Time
Del Norte/Humboldt Part Time
Provide appropriate sensitive care.

Medical Assistant's

Weitchpec/Arcata/Fortuna ~ Assists with examination and treatments must be injection certified with a current BLS. Job description & salary range posted on website. Full Time/Per Diem

Electronic Health Records Technician

Trains and coordinates staff using Electronic Health Records. Tracks training of staff in education plans for EHR. Arcata/Full Time

Marketing Specialist

Produces publications, brochures and marketing projects. Maintenance of Organizations website and social media. Arcata full time

Grants & Contracts Analyst

Assists with development and preparation And submittal of grant applications. Monitoring, reporting And budgeting Arcata full time.

Substance Abuse Counselor

Assist/Counsel individuals with substance abuse issues; provide multi-faceted prevention activities, sensitivity and experienced with American Indian Community preferred.

Facilities & Safety Program Technician

Assist the Facilities Manager, staff training, Safety Program Officer & various activities

Employment application available online at www.uihs.org. Email application, cover letter and resume to UIHS-Recruiting@crihb.org

Serving the Native American Community since 1970. In accordance with PL 93-638 American Indian Preference shall be given all: applicants welcome.



McCullough Construction, Inc.

is currently hiring for the position of Construction Estimator, Project Manager, and Quality Control Supervisor. All interested parties should preview the job requirements and send a completed Application, Resume, and two (2) Current Letters of Recommendation (*completed within the past 12 months*) to:

McCullough Construction, Inc.

57 Aldergrove Rd., Arcata, CA 95521

Application deadline is February 12, 2016.

Please visit our website for the Job Requirements, Application, and further information.

www.mcculloughconstructioninc.com/open-positions



The Hoopa Valley Tribe is accepting applications to fill the following vacant position

Legal Technical Writer/Researcher

Office of Tribal Attorney (OTA); Contractual Temp. P/T;
Salary: \$25.00/hr., \$26,000.00 ann.; Flex schedule.

Qualifications: A law degree from an accredited school; A Juris Doctor (J.D.) degree. Excellent research and writing skills. Information, contact OTA (530) 625-4211 ext. 130.

DEADLINE: Open Until Filled.

Job description, application, information contact Human Resources Dept., Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546. (530) 625-9200 ext. 15. The Tribe's Drug & Alcohol Policy & TERO Ordinance apply.



Lassen County, Susanville, CA

Chief Building Official

Salary: \$25.98-\$31.36 per hour,
plus benefits

Minimum qualifications: Education: Bachelor's degree or advanced degree with a major in civil/structural engineering, architecture, construction arts, or a closely related field preferred, (job related construction and building code administration/enforcement experience may be substituted on a year-for-year basis).

Experience: Five years of experience in building inspection, standards development and plan checking, including one year of supervisory experience.

License or Certificate: Possession of a valid California driver's license. Possession of a valid and active certification as a Building Official within two years of date of hire issued by the International Code Council.

For a job bulletin and an application visit the Lassen County web site at www.co.lassen.ca.us, in the Personnel Department, or visit our application center at 221 S Roop Street, Susanville, CA 96130. EOE.

Application Deadline: February 19, 2016.



Humboldt Bay Municipal Water District Customer Service & Accounting Assistant

The Humboldt Bay Municipal Water District is seeking a full-time Customer Service and Accounting Assistant. This full-time position serves as Customer Service Representative for the District's retail water function and provides support and back-up to the Accounting and Human Resources position in the following areas: payroll, accounting/bookkeeping, accounts payable and performs purchasing and routine contract functions. Must have strong verbal and written communication skills, customer billing experience and basic bookkeeping knowledge. Wage: \$2,759 -3,354 per month plus benefits. Full job description and application are available online at: www.hbmdwd.com. **Applications with resume must be received by close of business on February 19, 2016.**



**SMALL
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DEVELOPMENT
CENTER**
NORTH COAST

NORTH COAST SBDC CENTER DIRECTOR (\$60,000 - \$75,000 DOE)

Under the direction of the Region Director, the SBDC Center Director provides leadership for the development, implementation, documentation & daily operation of the North Coast SBDC's programs & activities. The Center Director oversees & is responsible for the quality of all service delivery including client counseling & a variety of workshops. The Center Director manages budgets, seeks out grant & sponsorship funding, provides leadership to staff & contractors, & is very involved in the business & economic development community. North Coast SBDC is a program of HSU's Sponsored Programs Foundation. This is not a state or federal position.

Qualified applicants should submit via email a letter of application, résumé & three professional references to: jf30@humboldt.edu. First review of applications will take place on March 4, 2016. EOE. Please visit northcoastsbdc.org for more details.

County of Humboldt

ECONOMIC DEVELOPMENT COORDINATOR

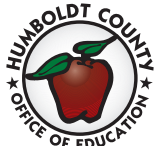
\$5,161-\$6,623 mo. Plus excellent benefits.

Directs and participates in planning, developing, monitoring and implementing a variety of programs and projects related to economic development, infra-structure and related areas of need. Evaluates economic development projects, identifies potential funding sources, conducts feasibility studies, interprets data, prepares reports and makes presentations, recommends projects and loans, monitors grants and contracts, and maintains liaison with other agencies and community groups.

Requires knowledge of economic development planning and administrative and budgetary analysis and skill in administering Federal and State grants and contracts. Three years experience in economic development, redevelopment or community development and a four-year degree in a related field are desired.

Filing deadline: February 29, 2016.

Apply at www.humboldt.gov/hr or contact Human Resources (707) 476-2349, 825 5th St., Rm. 100, Eureka. AA/EOE



Humboldt County Office of Education

Instructional Aide, Special Beginnings Preschool Prog., Eureka Location

Qualifications: Req. grad. from high school or equiv. & 1 yr. exp. working with children. 2 yrs. college training related to psychology, child dev. or education may be substituted. Exp. with special needs preschool children desirable. Passage of Paraprofessional Exam req. M-F, 6 hrs./day, \$12.46 - \$15.88/Hr., DOE. Elig. for Health & Welfare, PERS. Applications available at HCOE or online: www.humboldt.k12.ca.us
Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501.

Closes: 2/10/2016, 4 pm



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\$2,841-\$3,638/MONTH +
EXCELLENT BENEFITS

Would you like the opportunity to make a difference, save lives, and make our community a better place to live? Our dispatchers work in a positive and professional environment that provides opportunities for growth. The City's modern dispatch center includes 6 dispatch consoles with a user-friendly computerized dispatch system. This is an entry-level position, no experience is needed, and on-the-job training will be provided. Tasks include taking 911 calls and dispatching police, fire and medical personnel following prescribed procedures. The ability to multi-task and work with others in a fast-paced environment is crucial. You must be able to pass a thorough background investigation. For more information and to apply online please visit our website at <http://www.ci.eureka.ca.gov>

**Final filing date: 5:00 pm, Friday,
February 12, 2016; written test
Friday, March 11, 2016. EOE**



OFFICE MANAGER/ BOOKKEEPER Our company is growing! We are looking for a team oriented, self motivated professional.
Duties/Skills:
- Admin duties to ensure the smooth functioning of the business
- Experience & knowledge of QuickBooks, AR, AP & Payroll required
- Excellent organization, problem-solving & interpersonal skills
- Ability to interact with all levels of internal management, staff & outside clients/ vendors
- Strong computer & internet research skills
- Project management experience a plus
- Ability to lift 30 lbs & stand for up to 6 hours
- Position location: Arcata, CA. EOE
Submit a cover letter & resume by February 11, 2016, to:
Charlie.Jordan@prostarsoftware.com www.prostarsoftware.com



Humboldt County Office of Education

Fiscal Clerk

Qualifications: Grad. from high school & 3 yrs. increasingly responsible & varied accounting experience; intermediate skills in MS office and Excel desired. FT, M-F, 7.5 hrs./day, \$2232.75-\$3082.73/Mo., \$13.43-\$18.97/Hr. Elig. for Health & Welfare, PERS. Applications available at HCOE or online: www.humboldt.k12.ca.us
Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501.

Closes: 2/10/2016, 4 pm



Join the Hospice of Humboldt team!
Our staff work in a great environment and enjoy outstanding benefits, competitive wages and professional growth opportunities.

We currently have openings for:

Hospice House Aide Hospice Shop Manager RN – Clinical Administrator Hospice Physician (part-time)

Visit www.hospiceofhumboldt.org
or call 707-445-8443 for more information.



The Hoopa Valley Tribe is accepting applications to fill the following vacant position

Hoopa-Yurok Vocational Rehabilitation Program Manager

Hoopa-Yurok Vocational Rehabilitation Program; Reg. F/T; Salary \$47,200.00/yr.; **QUALIFICATIONS:** Bachelor's Degree in Voc. Rehab. Counseling, Guidance Counseling, Psychology, Sociology or Social Work. A Master's Degree in any one of these disciplines is strongly preferred; 2 yrs. of social work experience; 2 yrs. experience in management of social or human services program; Knowledge of Tribal Gov. and Federal Regs., Computer Literate preferred; Understanding of local Native American cultural heritage is vital; CDL and be insurable; Must pass a full background check.
DEADLINE: OPEN UNTIL FILLED.

Submit applications, job information contact the Human Resources Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546 or call (530) 625-9200 ext. 15. The Tribe's Drug and Alcohol Policy and TERO Ordinance apply.



Humboldt County Office of Education

Foster Youth Data Technician

Qualifications: Grad. from high school & 3 yrs. responsible clerical exp. including exp. navigating data systems. Previous work with at-risk youth in an educational setting desired. FT, M-F, 7.5 hrs./day, 11 Mo. position. \$2232.75-\$3082.73/Mo., \$13.43-\$18.97/Hr. Eligible for Health & Welfare, PERS. Applications available at HCOE or online: www.humboldt.k12.ca.us

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501.

Closes: 2/11/2016, 4 pm



CITY OF ARCATA Hiring Bonus with Generous Benefits for POLICE OFFICERS

and

Health Coverage and Sponsorship for POLICE OFFICER TRAINEES

Visit our jobs page at www.cityofarcata.org
Call or visit the City Manager's Office at 736 F Street, Arcata (707) 822-5953. EOE.



CITY OF ARCATA Construction Specialist

\$37,435.41 - \$45,502.97/yr.

Closing Date: February 12, 2016

Performs a variety of technical building maintenance, repair and installation work involving carpentry, plumbing, electrical, and masonry trades.

Applications: City Manager's Office, 736 F Street, Arcata, (707) 822-5953; or at www.cityofarcata.org. EOE.

YUROK TRIBE JOB OPENINGS

For more information go to: www.yuroktribe.org

#0740 CLERICAL ASSISTANT (HIGHER ED)

RG/PT KLAMATH \$17.23 1/29/16

#0587 HEAD START TEACHER

RG/FT KEPEL \$17.69-\$22.98 REVIEW: 2/12/16

#0721 HEAD START TEACHER

RG/FT KLAMATH \$17.69-\$22.98 REVIEW: 2/12/16

#0722 POLICE OFFICER

RG/FT KLAMATH \$21.05-\$26.58 REVIEW: 2/12/16

#0741 ASSISTANT DIRECTOR SELF GOVERNANCE

RG/FT KLAMATH/WEITCHPEC \$53,820/\$59,130 2/12/16

#0747 SOCIAL WORKER I

RG/FT KLAMATH \$23.42/\$25.79 2/23/16

#0748 SOCIAL SERVICES AIDE

RG/FT EUREKA/WEITCHPEC \$13.81-\$17.95 2/5/16

#0749 JOM STUDENT TUTOR

TEMP/PT 2 KLM/2 EKA/2 WTCH NO MORE THAN 15 HRS/WEEK \$10.03 2/12/16



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www.sequoiapersonnel.com



CITY OF ARCATA Director of Community Development

\$82,195 - \$99,900/yr.

First Review Date: Friday, Feb. 26, 2016.

Activities include administering City General Plan, Land Use Code, Economic Development Strategic Plan, Housing Plan and City Local Coastal Plan.

Applications: City Manager's Office, 736 F Street, Arcata, (707) 822-5953;

Visit our jobs page at www.cityofarcata.org
EOE.



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Are you an LPT/LVN looking for additional hours?
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2370 Buhne St, Eureka

www.crestwoodbehavioralhealth.com/eureka.html

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melissa@northcoastjournal.com**

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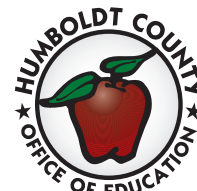
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CLEANING POSITION AVAILABLE

Mon-Fri 11 AM - 2 PM. To apply contact (Mortensen) via Call/Text: 412-397-8291 or Email: joe.mortensen556@gmail.com. Applicant must provide 1 or 2 References.



Southern Humboldt Community Healthcare District is now accepting applications for:

CLINICAL LAB SCIENTIST

Full Time Position. California Clinical Laboratory Scientist. Chemistry, hematology, UA, coagulation and blood bank experience required. Includes shared call.

INFECTION PREVENTION/EMPLOYEE HEALTH/QUALITY ASSURANCE (RN)

Full Time or Part Time Position. Position includes, but is not limited to, infection monitoring and reporting, infection risk assessment and prevention, policy and procedure development, staff education, and outbreak management. BSN preferred. Certification in Infection Control (CIC) preferred, but willing to train the right candidate.

REGISTRATION CLERK

Full Time or Per Diem Position. Nights and weekend shifts available.

REGISTERED NURSE

Full Time, Part Time, or Per Diem Position. Current RN License and CPR certification required. Work 12-hour shifts in our critical access emergency room.

LICENSED VOCATIONAL NURSE

Full Time position. Current LVN license and CPR certification required. Work 12-hour shifts in our 8-bed skilled nursing facility or 8-hour shifts in our out-patient clinic.

CERTIFIED NURSE ASSISTANT

Full Time, Part Time, or Per Diem Position. Direct Patient Care, activities with the residents/patients. Must possess CNA Certificate and CPR Certification.

HOUSEKEEPER

Per Diem Position. Work 10-hour shifts. No license or certification required.

COOK

Part Time or Per Diem Position. Required to cook and follow a planned menu. General cleaning of the dietary department. Work 8-hour shifts. No license or certification required.

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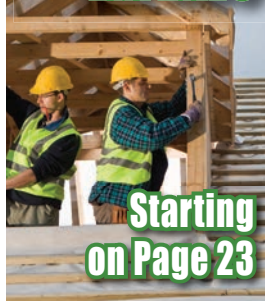
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NEW LISTING!

LOLETA HOME ON ACREAGE \$440,000

Rare opportunity to own a beautiful house in the Singley Road area of Loleta! This move in ready 3 bedroom 3 bath home sits on ±1.14 fenced acres at the end of the road. Fresh interior paint, tile work, 10 foot ceilings, and 8 foot doorways throughout give the house a stately feel. Kitchen features stainless steel appliances, recently resented custom concrete counter tops, two ovens, large walk in pantry and island. Over sized master bed and bath are host to amazing views of Loleta all the way down to the ocean! Attributes include huge walk in closet, balcony, two sinks, over sized tub, and separate shower stall. Also includes APN 309-051-036 (Hayrake Lane). This is not a drive-by property, please contact Kyla to set up a showing.



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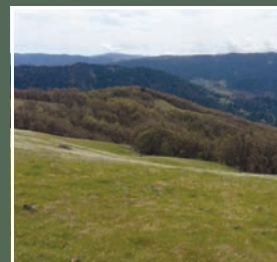
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DINSMORE LAND/PROPERTY \$829,000

±567 Acres on Pilot Ridge Road with gorgeous views. This property boasts rolling meadows, old growth Douglas Fir trees, multiple springs, and Mad River frontage. One of a kind rare private property, call Kyla or Charlie for your private tour today!



HAYFORK LAND/PROPERTY \$350,000

±18 Acres of flat land just 10 minutes from Downtown Hayfork! Parcel is developed and waiting for you featuring an in place septic system, 400 amp PG&E service, well and pump house, and garage for storage. Topography is flat with a small creek running through one end of property and a seasonal spring on the other. Opportunities like this don't come along every day, so call today for your private showing!



SMITH RIVER HOME ON ACREAGE \$475,000

Own ±75 beautiful acres of partially wooded property in five legal parcels. Parcels feature plenty of privacy, a herd of Roosevelt Elk in your backyard, and close proximity to excellent salmon and steelhead fishing on the Smith River. This beautiful "banana belt" property also includes a small barn, a 1680 square foot two bedroom home complete with a bonus atrium, power, multiple building sites, community water and stunning views of the Smith River Valley. Country living doesn't get any better than this.



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